



# Relationships and Sex Education Policy

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Linked with other policies:

Signed: *S. Day*

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**The RSE Policy incorporates all that is included in the PSHE Policy. Only extra information unique to the SRE part of the PSHE curriculum is included in the following policy. It is therefore recommended that these policies be kept together.**

### **A) The policy statement**

#### **Purpose of RSE at All Saints School**

- The purpose of RSE at All Saints School is the positive formation of the learner's emerging persona and when appropriate their developing sexual identity; for this reason, this element of the curriculum will be known as Relationship and Sex education, emphasising the important and foremost role of relationship education.

#### **Legal Requirements**

The law in relation to RSE states:

- The Directorship of schools are required to keep an up to date RSE Policy that describes content and the organisation of RSE provided outside the national curriculum science orders.
- Sex and relationship education (SRE) is compulsory from age 11 onwards. It involves teaching children about reproduction, sexuality and sexual health. It doesn't promote early sexual activity or any particular sexual orientation.
- Some parts of sex and relationship education are compulsory - these are part of the national curriculum for science. Parents can withdraw their children from all other parts of sex and relationship education if they want.
- For further guidance on content see 'Sex and Relationship Education in Schools; 2016

#### **Other Related Policies and Documents**

The RSE policy can also be linked to the following policies:

- Confidentiality policy
- PSHE Policy
- Safeguarding Learners Policy
- E Safety policy
- Drug Education Policy
- Teaching and Learning Policy
- Inclusion Policy

#### **How are parents involved?**

- At All Saints School the involvement of parents and carers in supporting RSE is valued, with a positive home school link ensuring a better outcome in the development of the young people we wish to foster.
- A copy outlining the school philosophy and brief details of the RSE curriculum is available to parents from the school office. Each year a letter will be sent home informing parents

and carers of the start of the formal teaching of the RSE curriculum. The RSE policy will be available in electronic format on the school's website.

## **B) Content**

### **Outline of All Saints School's RSE Programme.**

- Protective behaviours are taught at all Key Stages if appropriate and where identified for individuals.
- The RSE curriculum will be differentiated into several tiers to reflect the breadth of needs in learners at All Saints School and where appropriate will be individualised to meet particular needs.
- The curriculum will come from the PSHE Association curriculum document and the 2016 guidance referred to above.
- In the Junior Department learners will access the different tiers of curriculum provision available through an assessment of readiness. Education on sexual intimacy will be taught only to those who have shown a developing sexual persona.
- It is recognised that much of RSE comes through the daily experiences of the learners; therefore the importance of all school staff in the development of social relationships is emphasised and the importance of a cohesive whole school staff approach to the RSE curriculum.
- RSE will be delivered through informal and formal teaching: staff will teach particular areas with the involvement of outside agencies when appropriate.
- Formal RSE teaching will be delivered in both science and PSHE lessons.
- Key areas of the curriculum;
  - Effective social relationships of all types
  - The diverse nature of relationships and families.
  - Knowing our own bodies; public and private
  - Keeping safe and understanding 'consent', including safety
  - The physical and emotional changes at puberty
  - Personal hygiene
  - Reproduction, conception, the impact of having a child
  - Sexual relationships and sexual health including the law

### **How are resources used with reasons for their selection?**

RSE resources are chosen and checked for:

- Being inclusive – acknowledging the full spectrum of diversity in society
- Positive, healthy and unbiased messages
- Age and understanding appropriateness.

### **How will All Saints School deal with sexually explicit questions?**

All Saints School will:

- Allow individual staff to use their professional judgement as to answering questions in front of the whole class or individually taking into account the Safeguarding Policy.
- Encourage learners to ask their parents/carers any question outside the planned programme.
- Set out clear ground rules regarding personal questions, which are agreed by staff beforehand.
- Have designated adults that learners know of to go to if they wish to talk.

### **What kind of language will be considered acceptable and appropriate for use in RSE lessons?**

Staff will:

- Use the correct terms for all body parts
- Use clear, unequivocal language in an objective manner
- Discuss what 'slang' words mean and say that some can be seen as offensive. Staff will use their judgement in discussion depending on understanding and maturity level of learners.

### **What Ground Rules specific to RSE will All Saints School use?**

- Respect will be shown at all times.
- The creation and agreement of ground rules will be completed as a class at the beginning of RSE lessons, facilitated by the teacher.
- Safeguarding policy must be implemented.

## **C. Evaluation and Assessment**

### **How is learner success assessed?**

- All learners at All Saints School work at individual levels making assessment individual to each child.
- The assessment tool used by teachers reflects progression and the individual levels of a learner. Monitoring is in place as a part of overall assessment at All Saints School to ensure each child is progressing at a meaningful rate.

### **How is curriculum and delivery evaluated?**

- The PSHE and RSE policy curriculum and delivery will be evaluated in line with the Teaching and Learning policy and will reflect any announcements or guidance from the Department for Education.
- The PSHE and RSE curriculum has been amended to be in line with the latest curriculum and the UK government's guidance. The materials and resources used are continually being updated and therefore this policy should be reviewed in a year's time in order to reflect on the impact of any changes.