



# CURRICULUM PLAN

**SUBJECT****FOODWISE / ASDAN****OVERVIEW**

The FoodWise Short Course offers exciting and rewarding activities to develop skills and knowledge through cooking and food preparation. This course helps learners develop practical cooking skills, as well as personal, social and work related skills.

**KEY STAGE 4**

The FoodWise Short Course will enable learners to:

- learn what is meant by healthy eating and wellbeing
- learn and demonstrate the skills and techniques needed to cook
- gain an understanding of the importance of sustainability and cooking on a budget
- learn about aspects of the food industry and how it operates

Short Courses can be completed using the student book or are available for learners to complete online through the ASDAN e-portfolio system. Learners log in to complete challenges, record skills development and upload evidence. Tutors can view learner progress and sign off work, leaving feedback as needed.