



PHSEE & RSE Year 10 Long term plan 2020/2021

Autumn Term 1 st Half	Autumn Term 2 nd Half
Mental Wellbeing Unit 1 – Identity and image (inc. LGBT) Unit 3 – How to make decisions Unit 6 – Dealing with loss Skills and qualities for employment	Families and Relationships Unit 4 – Becoming an adult Unit 9 – Being assertive Unit 2 – Racism and racists Unit 5– Human Rights
Spring Term 1 st Half	Spring Term 2 nd Half
Online Safety and The Media Unit 10 – The power of the press Unit 11 – Banking and ways of saving (internet banking. Unit 16 – Citizen of the world Jobs in banking	Physical Health and Fitness including First Aid Unit 2 – Drugs Unit 12 – Eating disorders Unit 18 – other Mental illnesses FGM Jobs in the NHS/mental health
Summer Term 1 st Half	Summer Term 2 nd Half
Changing Bodies and Understanding Sex Unit 15 – Safer sex, STIs and Aids LGBT+ Consent Unit 13 – Local govt. and local organisations Unit 14 – Political parties Unit 20 – Progress and achievements	Being Safe – Home/Community/Money Unit 8 – Crime and punishment Unit 17 – Pressure groups and campaigning Unit 19 – Poverty Jobs with the Police

Subject to COVID restriction and guidelines