



PSHEE & RSE Year 7 Long term plan 2020/2021

Autumn Term 1 st Half	Autumn Term 2 nd Half
Mental Wellbeing Unit 1 – Anxieties and worries Unit 4 – Managing your time Unit 19 – Attitudes to work Unit 20 – Community charity fundraising	Families and Relationships Unit 6 – Getting on with family Unit 9 – Bullying Unit 21 – People with disabilities Unit 8 – Children’s rights
Spring Term 1 st Half	Spring Term 2 nd Half
Online Safety and The Media Unit 10 – Media and TV Unit 16 – Expressing your ideas Unit 18 – Britain’s Government Unit 16 – You as a consumer Jobs in the media	Physical Health and Fitness including First Aid Unit 17 – Eating and exercise Unit 7 – Smoking Unit 13 – Drugs Sun Safety Unit 23 - Recycling Jobs in the NHS - Skills and qualities
Summer Term 1 st Half	Summer Term 2 nd Half
Changing Bodies and Understanding Sex Unit 2 – Growing and changing LGBT Community Unit 22 – Developing a product Unit 23 – Assessing progress	Being Safe – Home/Community/Money Unit 5 – Right and wrong Unit 14 – Neighbours Unit 11 – Pocket money, budgeting and saving Unit 15 – Why we have laws

Subject to COVID restrictions and guidelines