



PHSEE & RSE Year 8 Long term plan 2020/2021

Autumn Term 1 st Half	Autumn Term 2 nd Half
Mental Wellbeing Unit 1 – Self-esteem Unit 12 – Making the most of leisure time Unit 15 – School community Unit 13 – Employment and unemployment	Families and Relationships Unit 6 – Divided families Unit 10 – Problems with friendships Unit 3 – Other cultures and lifestyles Understanding business
Spring Term 1 st Half	Spring Term 2 nd Half
Online Safety and The Media Unit 11 – The power of advertising Unit 16 – Speaking your mind Unit 5 – Where do you stand? Unit 9 – Gambling Jobs in advertising/Media	Physical Health and Fitness including First Aid Unit 2 – Drugs Unit 14 – Alcohol Unit 18 (bk 1) – Eating and Exercise Unit 22 – Global food and water Personal Hygiene Jobs in the NHS
Summer Term 1 st Half	Summer Term 2 nd Half
Changing Bodies and Understanding Sex Unit 17 – Contraception and safer sex - LGBT+ Unit 18 – Britain’s Government Unit 21 – Older people Unit 23 – Progress and achievements	Being Safe – Home/Community/Money Unit 4 – Making the most of your money Unit 7 – At home and in the Street Unit 20 – Taking action Unit 8 – The police Jobs with the Police

Subject to COVID restrictions and guidelines