



PHSEE & RSE Year 9 Long term plan 2020/2021

Autumn Term 1 st Half	Autumn Term 2 nd Half
Mental Wellbeing Unit 1 – Adolescence – identity and image Unit 3 – How to make decisions Unit 7 – Dealing with loss Unit 11 – Investigating careers Skills and qualities for employment	Families and Relationships Unit 4 – Becoming an adult Unit 10 – Being assertive Unit 2 – Racism and racists Unit 5– Human Rights and civil liberties
Spring Term 1 st Half	Spring Term 2 nd Half
Online Safety and The Media Unit 12 – The power of the press Unit 6 – Banking and ways of saving Unit 8 – You as a consumer Unit 16 – Political parties	Physical Health and Fitness including First Aid Unit 8 – Drugs Unit 13 – Eating disorders Unit 21 – other Mental illnesses FGM Unit 19 – citizen of the world Jobs in the NHS
Summer Term 1 st Half	Summer Term 2 nd Half
Changing Bodies and Understanding Sex Unit 17 – Safer sex, STIs and Aids, LGBT+ Consent Unit 14 – Political parties Unit 23 – Progress and achievements	Being Safe – Home/Community/Money Unit 9 – Crime and punishment Unit 15 – Youth justice Unit 20 – Pressure groups and campaigning Unit 22 – Poverty Jobs with the Police

Subject to COVID restrictions and guidelines