



ALL SAINTS SCHOOL
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Directors: Mrs J Gardiner and Mrs R Smith
Headteacher: Ms S Dangerfield

9th June 2021

Dear Parents and Carers,

RE: Hautbois Residential Trip updates.

As you are aware this year's residential trip will be taking place at Hautbois Activity Centre from Monday 21st June – Wednesday 23rd June.

I am pleased to confirm the following updates:

Confirmed activities:

*Zipwire *Shelter Building *Canoeing *Orienteering *Low Ropes *Climbing Wall *Bushcraft *Archery

All students will remain in their tutor groups lead by teachers and support staff.

During the day, each class will rotate across the activities led by qualified instructors.

We are looking to arrive on Monday for 1pm, students will have time for another quick tour and will have plenty of time to unpack, make their beds all prior to their first activity starting.

Students visiting daily:

Transport will be provided daily to the activity centre, via the school minibuses. Once students arrive at school we will aim to leave at 8:55am in order to arrive on time for their first session starting at 9:30am.

In order to get back in time for taxis, we will leave the venue at 2:40pm, this does mean they will miss their last activity for the day as this is scheduled for 15:15-16:45.

If you would prefer to collect and/or drop off each day, please let us know so that we can make all necessary transport requirements.

Meal times:

Breakfast 08.30

Snack: 11.00

Lunch: 12.45

Snack: 15.00

Dinner: 17.30

*Please see attached catering menu.

Kit list:

Bedding – All bedding is provided, we are happy if you would prefer to bring your own pillow. All students will need to bring slippers/indoor shoes (even if you're not sleeping for the night, indoor shoes must be worn).

Toiletries – Toothbrush and toothpaste, towel, flannel, shower gel, shampoo, sanitary items, hairbrush, hair ties, deodorants (no areoles please).

Clothing - Pyjamas, underwear, long sleeved t-shirts, jumpers, trousers, good grip shoes, indoor shoes and a coat for the evening/wet weather. Please see suitable attire listed.

Medicines – Please bring all medicines in their original box – ensuring that key information is recorded on the **Health Information Form attached**.

Other items – Sun hat, sun cream/after sun cream, water bottles that can be refilled during the day, money for gift shop (but not essential), we're happy for you to bring a small amount of sweets if you wish, no fizzy drinks please.

***Please label all items you are bringing.**

Health Information for Off-site Activities



Part 1 – to be completed by the event coordinator or first aider

Name of event/activity: Hautbois Activity Centre Residential

Start date: ___ Monday 21st June 2021

End date: ___ Wednesday 23rd June 2021

Person/s responsible for first aid at the event: _ Mrs K Berryman and Mr J Morton

Part 2 – to be completed by parents/carers

Participant details

Surname: _____ Year group: _____

First name: _____ Date of birth: _____

Address: _____

Date of last anti-tetanus injection: _____

GP's name and address: _____

GP's telephone number: _____

Medication

The following medication and products will be available at the event. Please tick to indicate which may be given to your child if required.

| | Tick | | Tick |
|-------------|------|---------------------------------------|------|
| Paracetamol | | Sun cream (to be applied by students) | |
| | | | |
| | | | |

General health information

Does your child have any allergies: **Yes / No**

If yes, please give details (severity/EpiPen information): _____

Does your child have any illnesses or disabilities relevant to this event/activity? **Yes / No**

If yes, please give details: _____

Is the participant currently taking medication? **Yes / No**

PTO

If yes, please give details _____

Medication: Please label your child's medication with their name and provide clear instructions for its use. Medication must be in its original packaging with prescription label attached. Please complete the table with medication, dosage and times.

| Medication | Time | Dosage |
|------------|------|--------|
| | | |
| | | |
| | | |
| | | |
| | | |

Is your child receiving medical treatment? **Yes / No**

If yes, please give details including hospital name and address: _____

Is there any further information the school should have regarding your child's health and well-being? **Yes / No**

If yes, please give details: _____

Emergency contacts

Please provide details of a person who will be contactable at all times during the event.

Name: _____

Telephone 1: _____

Telephone 2: _____

Relationship to child: _____

Please provide details of a person who will be contactable at all times during the event.

Name: _____

Telephone 1: _____

Telephone 2: _____

Relationship to child: _____

Consent

I authorise the Leaders and first aiders at this event to give permission for my child to receive any emergency dental, medical or surgical treatment, including anaesthetic, as considered necessary by the medical authorities present.

Parents/carer's signature: _____ Date: _____

Print name: _____

Please return this form to the school office by Tuesday 15th June 2021

SUITABLE ATTIRE



At Hautbois Activity Centre we do our best to make sure we have everything you need during your time with us, but we ask that you come prepared with a few essentials too.

If clothing is unsuitable for the activity being undertaken Hautbois staff may ask participants to change or the activity may be cancelled. Please contact the office should you have any queries regarding suitable attire.

ACTIVITIES

WARMER WEATHER

- **SHORTS**
'Hot Pants' (shorter than mid thigh) are not suitable for activities.
- **T-SHIRTS / VEST TOPS**
No cropped or spaghetti strapped tops for activities please.
- **TRAINERS**
No open toed or open backed shoes (no flip flops for activities)
- **CAP OR HAT FOR SUN PROTECTION**
- **REUSABLE WATER BOTTLE**

COOLER WEATHER

- **TROUSERS**
No jeans for watersports (these take too long to dry should they get wet).
- **WATERPROOFS**
We ask that participants 'layer up' and bring a spare for all winter activities.
- **WALKING BOOTS / TRAINERS**
No open toed or open backed shoes (no flip flops for activities)
- **HAT AND GLOVES**
- **REUSABLE WATER BOTTLE**

WATER ACTIVITIES

- **CHANGE OF CLOTHES**
No jeans and old clothes only- these will get wet and muddy!
- **OLD TRAINERS OR WET SHOES**
Please no wellingtons or crocs. Open toed shoes are not suitable. (Flip Flops)
- **WETSUITS**
Not supplied by Hautbois but can be worn, although not essential.
- **SHOWER GEL AND TOWEL**
We recommend that everyone showers off after taking part.

GENERAL

- **NO JEWELLERY**
Please don't wear jewellery and cover any piercings that can't be removed.
- **LONG HAIR MUST BE TIED BACK**
- **REUSABLE WATER BOTTLE**
- **GLASSES AND HEARING AIDS**
Can be worn for activities at owners own risk (bring spares if you have them!)
- **ALWAYS BRING SPARE CLOTHES!**
We have showers and changing areas available for all guests.

Mobile phones & technology devices:

We are happy for your child to bring their mobile phones with them; these will be handed in on Monday morning, as per school policy, in order to safeguard all students. We will have a quick bag check to ensure that all devices have been handed in and accurately labelled. However, we would encourage for all valuable items to remain at home. Students will have time to call home if they wish to after dinner, within the living areas.

Mobile phones are banned from all bedroom areas. All other technology devices are to remain at home.

School staff will have school devices with them in order to capture the events happening which will be shared via our school newsletter, website gallery and Twitter feed.

Students **MUST NOT bring:**

*Energy/caffeinated and fizzy drinks.

*Any cigarettes, alcoholic drinks, drugs/unauthorised items such as matches/lighters brought to the venue may result in end of placement from All Saints School, as per our school's behaviour policy. Parents/carers will be called immediately to collect from their child from the venue.

*Any poor behaviour towards one another will also result in parents/carers being called to collect their child.

Online Meeting:

Please join us on **Thursday 17th June 6pm** via Zoom for any additional questions you may have. Any urgent questions please contact the office before the 17th June.

Join Zoom Meeting: <https://us02web.zoom.us/j/84736530292?pwd=V3lWdEZleE5Hem03Y3NJZERnWWZmdz09>

Meeting ID: 847 3653 0292

Passcode: 416931

Key contact numbers:

School mobiles: 07879875925 (Mrs Dangerfield) 07733417296 (Ms Paffett)

Please return the attached forms by Monday 15th June.

We look forward to answering any questions you may have during the online meeting, anything urgent please do get in touch via the office.

Kind regards

Miss King
School Support Manager

Catering Menu

Menu for All Saints School

| Mon, 21 Jun 2021 | |
|------------------|---|
| Meal | Menu |
| Afternoon Break | Tea/Coffee/Squash (Cakes/biscuits) |
| Evening Meal | Pasta beef bolognese with salad and garlic bread - Rich Chocolate Brownie |

| Tue, 22 Jun 2021 | |
|------------------|---|
| Meal | Menu |
| Breakfast | Continental Breakfast |
| Morning Break | Tea/Coffee/Squash (Cakes/biscuits) |
| Lunch | Ham & cheese baguettes, vegetable sticks and crisps - Fresh fruit platter |
| Afternoon Break | Tea/Coffee/Squash (Cakes/biscuits) |
| Evening Meal | Mild chicken curry with rice and crusty bread - Vanilla cheesecake |

| Wed, 23 Jun 2021 | |
|------------------|--|
| Meal | Menu |
| Breakfast | Continental Breakfast |
| Morning Break | Tea/Coffee/Squash (Cakes/biscuits) |
| Lunch | Jacket potatoes with salad and choice of beans, cheese or tuna mayonnaise - Tangy lemon gateau |

Food Allergy Advice - Please be aware that your menu may contain allergens. If you or anyone in your group has an allergy or intolerance it is important to ensure that the catering staff are made aware of your requirements. It is advisable to let us know in advance of your visit to ensure we can cater for you during your stay.

The catering staff will be able to accommodate all dietary requirements. Please use the space below to list any suggested alternatives to the above meals that your child may prefer. For example, pasta or beans on toast instead of the curry choice. Although we will always encourage to try new things we do appreciate this might be difficult.

Please ensure you list any food allergies on the Health Information Form attached.