

Dear parent/ carer

We are writing to you because all 16 and 17 year-olds are now eligible to have the COVID-19 vaccine. It is really important for everyone in this age group to come forward for the vaccination before they return to school or college in September. This is because having the vaccine is the single most important step that everyone can take to protect themselves and their families and friends against COVID-19.

Everyone aged 16 and 17 will be offered one dose of the Pfizer vaccine, which evidence shows provides 80% protection from becoming seriously ill or hospitalised with COVID-19. The vaccine has been extensively tested for safety by scientists worldwide and has already been given to millions of people across the UK.

Getting the vaccine is quick and easy. Young people can drop in to one of many walk-in sessions which are taking place across Norfolk and Waveney, or can wait to be contacted by the NHS to book an appointment. A full list of walk-in clinics is available here: <https://apps.norfolk.gov.uk/WalkIn/Form/AllAvailableClinics>. Anyone who has already had the virus should still have the vaccine, as it is the best way to prevent themselves from becoming ill again in the future.

Anyone who has any questions or is worried about the jab can talk to the friendly staff at our vaccination centres, who will be happy to answer any queries or offer assurance to people who are nervous. Young people are also welcome to bring along a friend or family member for support.

For more information about the vaccine, please visit [www.norfolkandwaveneyccg.nhs.uk/covid/children-and-young-people-12-17-years-covid-19-vaccination](http://www.norfolkandwaveneyccg.nhs.uk/covid/children-and-young-people-12-17-years-covid-19-vaccination). Further resources about COVID-19, the vaccine, managing stress and where to go for extra support are also available on the Just One Norfolk website at [www.justonenorfolk.nhs.uk/covid-19-coronavirus-faqs](http://www.justonenorfolk.nhs.uk/covid-19-coronavirus-faqs)



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