



**Core Physical Education Year 10 Long Term Plan 2021-2022**

Autumn Term 1 <sup>st</sup> Half	Autumn Term 2 <sup>nd</sup> Half
<ul style="list-style-type: none"> <li>● Invasion Games</li> <li>● Dodgeball</li> </ul>	<ul style="list-style-type: none"> <li>● Invasion Games</li> <li>● Dodgeball</li> <li>● Volleyball</li> </ul>
Spring Term 1 <sup>st</sup> Half	Spring Term 2 <sup>nd</sup> Half
<ul style="list-style-type: none"> <li>● Badminton</li> <li>● Health Related Fitness</li> <li>● Hybrid Games</li> </ul>	<ul style="list-style-type: none"> <li>● Badminton</li> <li>● Health Related Fitness</li> <li>● Hybrid Games</li> </ul>
Summer Term 1 <sup>st</sup> Half	Summer Term 2 <sup>nd</sup> Half
<ul style="list-style-type: none"> <li>● Athletics</li> <li>● Striking and fielding (Rounders, Scatterball and Quick Cricket)</li> </ul>	<ul style="list-style-type: none"> <li>● Athletics</li> <li>● Striking and fielding (Rounders, Scatterball and Quick Cricket)</li> <li>● Outdoor Adventurous Activities</li> </ul>

Subject to COVID-19 restrictions and guidelines