



Core Physical Education Year 7 Long Term Plan 2021-2022

Autumn Term 1 st Half	Autumn Term 2 nd Half
Real PE : Cognitive	Real PE: Creative
Spring Term 1 st Half	Spring Term 2 nd Half
Real PE : Social	Real PE: Applying Physical Skills
Summer Term 1 st Half	Summer Term 2 nd Half
Real PE: Health and Fitness	Real PE: Personal

Subject to COVID-19 restrictions and guidelines