



**Core Physical Education Year 8 Long Term Plan 2021-2022**

Autumn Term 1 <sup>st</sup> Half	Autumn Term 2 <sup>nd</sup> Half
<ul style="list-style-type: none"><li>• Invasion Games</li><li>• Dodgeball</li></ul>	<ul style="list-style-type: none"><li>• Invasion Games</li><li>• Dodgeball</li></ul>
Spring Term 1 <sup>st</sup> Half	Spring Term 2 <sup>nd</sup> Half
Fun Fitness	Badminton
Summer Term 1 <sup>st</sup> Half	Summer Term 2 <sup>nd</sup> Half
<ul style="list-style-type: none"><li>• Athletics</li><li>• Striking and fielding (Rounders, Scatterball and Quick Cricket)</li></ul>	<ul style="list-style-type: none"><li>• Athletics</li><li>• Striking and fielding (Rounders, Scatterball and Quick Cricket)</li><li>• Outdoor Adventurous Activities</li></ul>

Subject to COVID-19 restrictions and guidelines