



PSHEE and RSE Key Stage 4 Long term plan 2021/22

Autumn Term 1 st Half	Autumn Term 2 nd Half
Emotional Wellbeing – mental health issues and early signs.	Emotional Wellbeing – strategies and activities to promote positive emotional wellbeing.
Spring Term 1 st Half	Spring Term 2 nd Half
Respectful Relationships – managing emotions in relationships and identifying healthy and unhealthy relationships.	Respectful Relationships – consent and different types of relationships.
Summer Term 1 st Half	Summer Term 2 nd Half
Keeping Safe and Healthy – healthy lifestyles and personal hygiene.	Sex and Relationships Education.

Subject to Covid-19 restrictions and guidelines