



PSHEE and RSE Year 7 Long term plan 2021/2022

Autumn Term 1 st Half	Autumn Term 2 nd Half
HEALTH AND WELLBEING	
Mental Wellbeing incl. Learning about my own emotions / Being resilient Personal hygiene	Online safety and Media Extremism and radicalisation
Spring Term 1 st Half	Spring Term 2 nd Half
RELATIONSHIPS	
Being Me Understanding different conditions i.e. Autism / ADHD / Dyslexia / Dyspraxia etc	Respectful relationships incl. Learning to talk to others / Looking after others in the community / Conflict and resolution Peer on peer LGBTQ Families: different relationships and set ups
Summer Term 1 st Half	Summer Term 2 nd Half
LIVING IN THE WIDER WORLD	
First Aid Sex Education	Healthy Living incl. Keeping safe / looking after myself / Getting help / Drugs Alcohol and tobacco.