



**PSHEE & RSE Year 8 Long term plan 2021/2022**

Autumn Term 1 <sup>st</sup> Half	Autumn Term 2 <sup>nd</sup> Half
Mental well being Personal hygiene Black History Month	Online safety and Media Extremism and radicalisation
Spring Term 1 <sup>st</sup> Half	Spring Term 2 <sup>nd</sup> Half
Changing adolescent body	Respectful relationships Peer on Peer LGBTQ (Norfolk PCCO)
Summer Term 1 <sup>st</sup> Half	Summer Term 2 <sup>nd</sup> Half
First Aid Sex Education	Drugs Alcohol and tobacco Self Esteem
Ongoing - Physical health and fitness	Sensory Circuits and PE

Subject to Covid-19 restrictions and guidelines