



ASDAN Sport and Fitness Year 10 Long term plan 2020/2021

Autumn Term 1 st Half	Autumn Term 2 nd Half
Sports Participation	Sports Participation
Spring Term 1 st Half	Spring Term 2 nd Half
Researching sport	Researching sport
Summer Term 1 st Half	Summer Term 2 nd Half
Health, fitness and nutrition	Health, fitness and nutrition

Subject to Covid-19 restrictions and guidelines