

# Learn more and get involved

## Safer Internet Day 2022

### What is Safer Internet Day?



**Safer Internet Day is on 8th February 2022. It's celebrated across the globe in over 170 countries, with thousands of young people joining in across the UK to explore how they can use the internet responsibly, respectfully, and creatively whilst making the most of their relationships online.**

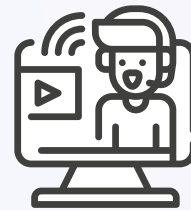


Safer Internet Day is a great opportunity to focus on online safety with your child – whether that's by using some of the quick activities in this pack, asking your child what they like to do online, or using their favourite app or game with them. You can also support Safer Internet Day on social media, tell your friends and family about the day, or ask your child for their top tips for staying safe online. Find out more here: [saferinternetday.org.uk](https://saferinternetday.org.uk).

### The theme for Safer Internet Day 2021 is...

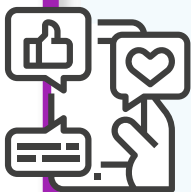
**ALL FUN AND GAMES**

Exploring respect and relationships online



From gaming and chat, to streaming and video, young people are shaping the interactive entertainment spaces they are a part of. Safer Internet Day 2022 celebrates young people's role in creating a safer internet, whether that's whilst gaming and creating content, or interacting with their friends and peers.

Using tailored learning materials, tips and resources for all ages, as well as for educators and families, Safer Internet Day challenges everyone to play their part in fostering supportive relationships and respectful communities online. From discussing the ways the internet can be used to communicate, to creating positive change in online groups when bullying behaviours arise, the day empowers young people to be at the heart of creating a better internet.



Learn more and get involved

#SaferInternetDay

[www.saferinternetday.org.uk](https://www.saferinternetday.org.uk)

**PARENTS  
AND CARERS**

## How do I use this pack?

This pack for parents and carers includes information and activities to help you support your child in using the internet positively and safely.

This pack contains:

### Conversation starters

Helpful questions and phrases to start a conversation with your child about staying safe online.

### Family online safety plan

A plan to help your family shape the way you will use the internet and technology safely, responsibly and positively.

### Family activities

Fun activities that you can do with children of all ages to explore respect and relationship online.

### Parents and carers' resource sheet

Useful sources of advice and information online, including how to report online problems.



## How can I show my support?

There are lots of ways that you and your family can get involved in the day and spread the word in making the internet a safe and positive place to be.

## Get involved

Safer Internet Day is celebrated in over 170 countries worldwide. Be a part of this global conversation by using your social media to help promote the amazing things that are happening.

Use these hashtags to help spread the message online: **#SaferInternetDay #playyourpart**

The UK Safer Internet Centre will be posting lots of online safety advice in the run-up to the day and on the day itself. We will reshare lots of messages and advice from others celebrating the day across the UK.

Follow us to see what is happening across the UK and let us know how you are celebrating Safer Internet Day by tagging our social media accounts:

- Instagram: **@UK\_SIC**
- Facebook: **saferinternetuk**
- Twitter: **@UK\_SIC**
- YouTube: **UKSIC**




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#SaferInternetDay

[www.saferinternetday.org.uk](http://www.saferinternetday.org.uk)

PARENTS AND CARERS

Examples of tweets and posts you can share:

-  I'm supporting Safer Internet Day 2022 organised by @UK\_SIC who have lots of helpful advice for parents and carers about keeping their children safe online. Find out more at: [www.saferinternetday.org.uk](http://www.saferinternetday.org.uk) #SaferInternetDay @UK\_SIC #playyourpart
-  I'm celebrating #SaferInternetDay on Tuesday 8th February! Find out more about how to explore respect and relationships online with your child at: [www.saferinternetday.org.uk](http://www.saferinternetday.org.uk) @UK\_SIC #playyourpart
-  #SaferInternetDay is a great way to start having conversations about being online with your child! That's why I'm supporting the day [www.saferinternetday.org.uk](http://www.saferinternetday.org.uk) @UK\_SIC #playyourpart

## Involve others



**Encourage** your child's school to register as a Safer Internet Day supporter at [saferinternetday.org.uk](http://saferinternetday.org.uk) and to download our educational resources too.



**Speak** to the people close to you. Grandparents, uncles, aunts, and friends are all welcome to get involved and share ideas on making the internet a safer place!



**Register** your workplace or community group as a Safer Internet Day supporter at [saferinternetday.org.uk](http://saferinternetday.org.uk) and access promotional materials to help share what you are doing to support the Day.



## Have any questions?



More information about Safer Internet Day and activities taking place across the UK to mark the Day can be found at [www.saferinternetday.org.uk](http://www.saferinternetday.org.uk)

- Email us: [SID@saferinternet.org.uk](mailto:SID@saferinternet.org.uk)
- Sign up to our free monthly newsletter: [bit.ly/UKSICNewsletter](https://bit.ly/UKSICNewsletter)

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