



# NORFOLK

## CONSTABULARY

*Our Priority is You*

Norfolk Constabulary

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[www.norfolk.police.uk](http://www.norfolk.police.uk)  
Non-Emergency Tel: 101  
In an emergency always call 999

21<sup>st</sup> June 2022

Dear Parent/Carer

Natalie Outred from the Children and Young people's team at Norfolk Constabulary will be delivering a presentation to Year 10 and 11 on 'Healthy Relationships' on Thursday 23<sup>rd</sup> June at your child's school. This year group has been chosen to have this delivery in accordance with supporting the school in delivering its PSHE which provides the social learning to the students. The aim of this session is to aid safeguarding the students by enhancing their knowledge around this topic and prepare them for adulthood.

The session will include learning what a healthy intimate relationship looks like, we will discuss the negative sides of relationships including domestic abuse. A lot of the session will revolve around material which has been taken from a BBC documentary called 'murdered by my boyfriend' and the full version is accessible on YouTube. Will also discuss where they can take their concerns both now and in the future as adults. The sessions will also have accompanied tutor time material for teachers on domestic abuse – violence, respecting boundaries and control which they will be able to access according to the needs of their pupils.

There is some additional information about the session here

<https://www.norfolk.police.uk/advice/child-protection/safer-schools-partnerships>

If you want to know a little more about healthy relationships, controlling or domestic abuse these are good sites to source further information

<https://www.disrespectnobody.co.uk/>

<https://www.leewaysupport.org/>

Yours faithfully

**Natalie Lake**

Children & Young Peoples Engagement Advisor  
Youth Engagement & Safer Schools Team