



NEWSLETTER

Regular news updates from All Saints School, Lessingham

KEY DIARY DATES

February

7th: Safer Internet day

7th: Yr 9 Options—telephone calls home

9th: Options to be handed in

13th-17th: Half term

22nd: Yr 10 & 11 'Teechers' Theatre trip

23rd: Yr7 trip to London

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Message from Ms Dangerfield

**It is Safer Internet Day on
Tuesday 7th February**

This year's theme is
'together for a better internet'

We will be exploring this theme in school next week; it would be great if you could have some conversations at home as well.



The internet has many benefits; its capacity to help a child in researching a topic is fantastic and the way it connects children to parts of the world that they would never have previously experienced can be truly eye-opening. Students just need to know to exercise caution. Snapchat, for example, seems to delete photos and videos soon after they publish but actually, that information is stored somewhere forever as part of a person's digital footprint. You can explain that, even though these things don't seem important now, anything said online may come up in the future if someone important to them, such as an employer, Googles their name.

Unfortunately, social networking sites currently do not take much responsibility for the content which is shown on their sites to young people. Ideally, there would be filters in place: Discord has a minimum age of 13+, for example, but there is no difference between what could show up on a 14-year old's 'server' or 'channel' and a 40-year old's 'Go Live' account. Unsuitable content such as pornography is easily accessible and sadly prevalent across many social media channels, it is something many young people will be exposed to while online.

A discussion on digital safety should also include online bullying and abuse. A recent poll found that 35% of 11-17 year olds have been bullied online and of course it is also a good idea to talk about being an online bully, as well as being the subject of online bullying.

Numbers to contact for help

Ms Dangerfield: 07879 875925

Miss Paffett: 07733 417296

Norfolk children's support line:

Text 07480 635060 or call 0344 800 8029

Childline—any time: 0800 1111

Join our parents/ carers webinar about Online Safety on Internet Safety Day February 7th. Copy and paste the links below:

Session 1 - [Online Safety Webinar: Session 1 Tickets, Tue 7 Feb 2023 at 11:00 | Eventbrite](https://www.eventbrite.com/e/online-safety-webinar-session-1-tickets-460817406267)

<https://www.eventbrite.com/e/online-safety-webinar-session-1-tickets-460817406267>

Session 2 - [Online Safety Webinar: Session 2 Tickets, Tue 7 Feb 2023 at 16:00 | Eventbrite](https://www.eventbrite.com/e/online-safety-webinar-session-2-tickets-460832501417)

<https://www.eventbrite.com/e/online-safety-webinar-session-2-tickets-460832501417>

RSE Policy

I am in the process of reviewing our Relationship, Health and Sex Education policy which is attached (or via the link in the survey).

Thank you to those of you who have already completed the survey. I would very much appreciate it if you could take a few minutes to look over the policy and then complete the questions– click on this link to take you to the form <https://forms.gle/sB4shniAAKxTnMYM7>

If you wish to contact me to discuss anything further please do contact the school office.

As always I really appreciate your feedback and support to help the school to continue to develop.

Ms Dangerfield

Mufti (non-uniform) Day—Friday 10th February

The Student Council have requested a mufti day in aid of a charity of their choice.

Next Friday, students can wear non-uniform and we are asking for voluntary donations for the Surgical Robot Appeal at the JPUH for their fundraising.

<https://www.jpaget-charity.org.uk/Appeal/surgical-robot-appeal>

James Paget University Hospitals NHS Foundation Trust is committed to utilising pioneering technology to improve the care it provides to patients.



The James Paget Hospital Charity is calling on the fantastic support of its local community to help raise the necessary funds to purchase a Surgical Robot – setting a target to raise £1.6million over the next 12 months.

Having a surgical robot would help to support a wide range of surgeries across the Trust, and reduce the amount of time most patients would need to stay in hospital after treatment. It would allow the expert clinical teams to perform complex surgeries with better precision in a minimally invasive way and for patients to benefit from state of the art surgery techniques.

Congratulations...

This is me, Alex with my trophy that I won at the Red Lodge Karting Club 2000 at Bury St Edmunds.

I have only been karting for a year and to win the championship was an amazing feeling and achievement.



A huge well done to all the students who have received Head Teacher Awards since returning to school in September.

234 awards were issued last term and 130 so far this term.

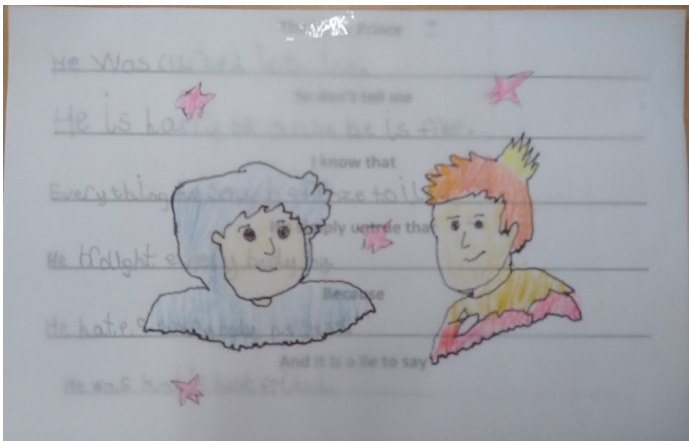
It is a real testament to their hard work and determination. Awards are given for many reasons:

- * a good PE lesson being very helpful and working well with others
- * For listening well and participating in history lesson
- * calm, focused and polite behaviour in ASDAN despite having a difficult day
- * speaking bravely and beautifully about our class to visitors

Lower Juniors ...

Have been writing reverse poems. You can read them from top to bottom and from bottom to top.

They will make sense each way.



The Snow Prince
The Prince was frozen in time
So don't tell me
He was Kai's friend
I know that
He was gloomy.
It's simply untrue that
The Prince was Kai's friend
Because
He was mean
And it is a lie to say
He is a kind person

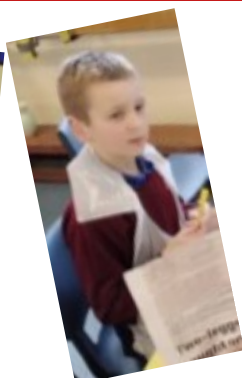
The Snow Prince
He was cursed into ice
So don't tell me
He is happy because he is free
I know that
Everything he saw he froze to ice
It's simply untrue that
He brought everybody joy
Because
He hates everyone he sees
And it is a lie to say
He was Kai's best friend



In Art lessons...

Juniors and Year 7 students have been exploring sculpture through papier-mâché.

They really enjoyed the process (even though it was very messy!) and will be painting their finished sculptures next lesson, whilst using colour theory to mix paint and create different tones of colours.





PE

Year 8 students had a fantastic morning of PE activities at UEA Sportspark with Mr Morton and UEA PGCE PE students.

You know it's been a successful trip when the main question students had was "when can we do this again?".

One PGCE PE student said that after the experience with All Saints School that they definitely want to work in a SEN school teaching PE.



**Year 10 and 11 students
keeping busy during
Construction at College**



Kasper chose to stay in at break to complete his grid multiplications!



Archie was working hard in Maths - he was using counters to divide 2 digit numbers by 1 digit numbers.

He was very proud to share his work with Miss King and Mrs Smith.



We look forward to welcoming Marijka from Happy Smiles on Tuesday 7th February.

Marijka will be running workshops during the day, to all year groups, to highlight the importance of looking after your teeth. Careers into this line of work will also be discussed with the older year groups.

Please do get in touch if your child is struggling with brushing their teeth twice a day as we can help in school. Our occupational therapist, Jemma, will certainly also be able to give some ideas for those who are struggling.



Marijka Barber, dental nurse

A little bit about Marijka...

Marijka has been with John G Plummer & Associates for 20 years, qualifying as a dental nurse in 2005. She has qualifications in Dental Radiography, Impression Taking, Fluoride Application, Recording of Plaque Indices and is a qualified Oral Health Educator. She can sign Makaton to level 2.

Marijka manages our oral health prevention clinic in Great Yarmouth and runs a clinic in Lowestoft. She also manages bookings, social media and general enquires. She is a mummy to 3 boys and has a special interest in special care dentistry particularly enjoying visiting special schools and settings and delivering training to staff on ASD in the dental setting.



Safer Schools Partnerships



Paul Johnson PCSO from the Safer Schools Partnership Team will be popping into all classes on Monday 6th February to introduce himself and to tell us a little bit about his role within schools and the local community.

All Safer School Partnerships (SSPs) aim to ensure:

- Safety of pupils, staff and the school site and surrounding area/community
- Help for young people to deal with situations that may put them at risk of becoming victims of crime, bullying or intimidation, and to provide support to those who do.
- Focused enforcement to demonstrate that those that do offend cannot do so without facing consequences.
- Early identification, support and where necessary challenge of pupils involved in or at risk of offending
- Improved standards of pupil behaviour and attendance, and less need for exclusions
- More positive relations between young people, the Police and the wider community.
- Effective approaches to issues beyond the school site that negatively impact on pupil safety and behaviour.
- SSPs help keep pupils safe, reduce the risk of young people getting drawn into crime, antisocial or extremist behaviour. It improves the safety of the school site and surrounding area, building positive relationships between pupils and police. It also promotes shared values and improves relations generally within the school and the wider community.

Through an SSP pupils who engage in anti-social behaviour or crime can be dealt with quickly and appropriately to prevent unnecessary criminalisation. It also enables pupils who feel threatened by such behaviour or crime to gain support. However, where behaviour fails to improve, or the behaviour is very serious then tougher enforcement measures may need to be used; this can often run alongside sanctions set out by the school.

An SSP is a positive way for all schools to demonstrate their commitment to promoting a safe climate of learning and to prevent crime.

Over the course of the year a Safer Schools Officer will deliver the following key messages to the students in assemblies and lessons: Internet Safety – Year 7, Healthy Relationship/teen abuse - Year 8, Child Sexual Exploitation (CSE) - Year 9, Healthy Relationships (Murdered by my boyfriend) - Year 10/11. We look forward to welcoming Paul back in April (during safety week) in order to deliver these key messages to our students.



Well done Swimmers!

January 2023 assessment



Understanding Relationships and Health Education in your child's primary school: a guide for parents

We want all children to grow up healthy, happy, safe, and able to manage the challenges and opportunities of modern Britain. That is why, from September 2020, all primary age children will be taught Relationships and Health Education.

These subjects are designed to equip your child with knowledge to make informed decisions about their wellbeing, health and relationships as well as preparing them for a successful adult life. The world for all young people looks very different from the way it did 20 years ago when this curriculum was last updated – these changes bring the content into the 21st century, so that it is relevant for your child.

Your child's school will have flexibility to deliver the content in a way that is age and developmentally appropriate and sensitive to the needs and religious background of its pupils.

Relationships Education

Relationships Education will put in place the building blocks needed for positive and safe relationships, including with family, friends and online.

Your child will be taught what a relationship is, what friendship is, what family means and who can support them. In an age-appropriate way, your child's school will cover how to treat each other with kindness, consideration and respect.

By the end of primary school, pupils will have been taught content on:

- families and people who care for me
- caring friendships
- respectful relationships
- online relationships
- being safe

You can find further detail by searching **'relationships and health education'** on GOV.UK.

Health Education

Health Education aims to give your child the information they need to make good decisions about their own health and wellbeing, to recognise issues in themselves and others, and to seek support as early as possible when issues arise.



By the end of primary school, pupils will have been taught content on:

- mental wellbeing
- internet safety and harms
- physical health and fitness
- healthy eating
- facts and risks associated with drugs, alcohol and tobacco
- health and prevention
- basic first aid
- changing adolescent body

You can find further detail by searching **'relationships and health education'** on GOV.UK.

Your rights as a parent

The important lessons you teach your child about healthy relationships, looking after themselves and staying safe, are respected and valued under this new curriculum. Teaching at school will complement and reinforce the lessons you teach your child as they grow up.

Your child's school is required to consult with you when developing and renewing their policies on Relationships Education. These policies must be published online and be available to anybody free of charge.

You can express your opinion, and this will help your child's school decide how and when to cover the content of the statutory guidance. It may also help them decide whether to teach additional non-statutory content. Schools are required to ensure their teaching reflects the age and religious background of their pupils.

Some schools will start to teach these subjects from September 2019 – if you'd like to know more, please speak to your child's school about what they plan to teach.



Right to withdraw your child

You cannot withdraw your child from Relationships Education because it is important that all children receive this content, covering topics such as friendships and how to stay safe.

Your child's primary school can choose to teach Sex Education. If you'd like to know more about this, we recommend speaking to the school to understand what will be taught and when. If you do not want your child to take part in some or all of the lessons on Sex Education, you can ask that they are withdrawn. At primary level, the head teacher must grant this request.

The science curriculum in all maintained schools also includes content on human development, including reproduction, which there is no right to withdraw from.



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If you want to know more about what will be taught as part of the new subjects, the best thing to do is speak to your child's school.

Understanding Relationships, Sex and Health Education at your child's secondary school: a guide for parents

We want all children to grow up healthy, happy, safe, and able to manage the challenges and opportunities of modern Britain. That is why, from September 2020, all secondary age children will be taught Relationships, Sex and Health Education.

These subjects are designed to equip your child with knowledge to make informed decisions about their wellbeing, health and relationships as well as preparing them for a successful adult life. The world for all young people looks very different from the way it did 20 years ago when this curriculum was last updated – these changes bring the content into the 21st century, so that it is relevant for your child.

Your child's school will have flexibility to deliver the content in a way that is age and developmentally appropriate and sensitive to the needs and religious background of its pupils.

Relationships and Sex Education

Relationships and Sex Education will build on the teaching at primary. It aims to give young people the information they need to help them develop healthy, nurturing relationships of all kinds.

Your child's school will cover content on what healthy and unhealthy relationships look like and what makes a good friend, colleague and successful marriage or committed relationship. At the appropriate time, the focus will move to developing intimate relationships, to equip your child with knowledge they need to make safe, informed and healthy choices as they progress through adult life.

By the end of secondary school, pupils will have been taught content on:

- families
- respectful relationships, including friendships
- online media
- being safe
- intimate and sexual relationships, including sexual health

You can find further details by searching '**relationships, sex and health education**' on GOV.UK.

Health Education

Health Education aims to give your child the information they need to make good decisions about their own health and wellbeing, to recognise issues in themselves and others, and to seek support as early as possible when issues arise.

By the end of secondary school, pupils will have been taught content on:

- mental wellbeing
- internet safety and harms
- physical health and fitness
- healthy eating
- drugs, alcohol and tobacco
- health and prevention
- basic first aid
- changing adolescent body

You can find further details by searching '**relationships, sex and health education**' on GOV.UK.





The important lessons you teach your child about healthy relationships, looking after themselves and staying safe, are respected and valued under this new curriculum. Teaching at school will complement and reinforce the lessons you teach your child as they grow up.

Your child's school is required to consult with you when developing and renewing their policies on Relationships, Sex and Health Education. These policies must be published online and be available to anybody free of charge.

You can express your opinion, and this will help your child's school decide how and when to cover the content of the statutory guidance. It may also help them decide whether to teach additional non-statutory content. Schools are required to ensure their teaching reflects the age and religious background of their pupils.

Some schools will start to teach these subjects from September 2019 – if you'd like to know more, please speak to your child's school about what they plan to teach.



Right to withdraw your child

You cannot withdraw your child from Health Education or the Relationships Education element of Relationships and Sex Education, because it is important that all children receive this content, covering topics such as friendships and how to stay safe.

If you do not want your child to take part in some or all of the Sex Education lessons delivered at secondary, you can ask that they are withdrawn. Your child's head teacher will consider this request and discuss it with you, and will grant this in all but exceptional circumstances, up until three school terms before your child turns 16. At this age, your child can choose to receive Sex Education if they would like to, and the school should arrange for your child to receive this teaching in one of those three terms (unless there are exceptional circumstances).

If your child's school is planning to teach these subjects from September 2019, your right to withdraw your child from Sex Education will be governed by the current legislation and so is absolute for the 2019/20 academic year – your child cannot opt in, and the head teacher will not overrule this request. This will remain the case until September 2020, when the new subjects will become compulsory and the new right to withdraw provisions will apply.

The science curriculum in all maintained schools also includes content on human development, including reproduction, which there is no right to withdraw from.



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If you want to know more about what will be taught as part of these new subjects, the best thing to do is speak to your child's school.