



ALL SAINTS SCHOOL  
School Road, Lessingham, Norwich, Norfolk  
NR12 0DJ  
01692 582083

[www.allsaintslessingham.co.uk](http://www.allsaintslessingham.co.uk)

E-mail: [office@allsaintslessingham.co.uk](mailto:office@allsaintslessingham.co.uk)

## ACHIEVEMENT FOR ALL

Directors: Mrs J Gardiner and Mrs R Smith  
Headteacher: Ms S Dangerfield



19<sup>th</sup> September 2023

Dear Parents and Carers,

### RE: Hautbois Residential Trip updates, Year 7.

As you are aware this year's residential trip will be taking place at Hautbois Activity Centre from Wednesday 4<sup>th</sup> October – Friday 6<sup>th</sup> October.

I am pleased to confirm the following updates:

#### Confirmed activities:

\*Archery \*Bridge building \*Canoeing \*Climbing Wall \*Crate Stacking \*Night Trail \*Zipwire \*Shelter building

All students will remain in their tutor groups lead by their form tutors and support staff.

During the day, each class will rotate across the activities led by qualified instructors.

We are looking to arrive on Wednesday for 11:30am, this will allow students to have a tour, eat their packed lunches and then into a team building activity, prior to their first activity starting at 1:45pm.

\*Please ensure that you send a pack lunch for your child on Wednesday. School will provide those who usually have a FSM lunch with us. Thursday and Friday, lunch will be provided by Hautbois.

#### Transport:

Transport will be provided daily to the activity centre, via the school minibuses. Once students arrive at school we will aim to leave at 8:55am in order to arrive on time for their first session starting at 9:30am.

For students travelling home via taxi, we will leave the venue at 2:45pm, this does mean they will miss their last activity for the day as this is scheduled for 3:30pm-5pm.

Thank you all for confirming your transport preferences and pick up times with us.

#### Meal times:

Breakfast 08.30

Snack: 11.00

Lunch: 12.45

Snack: 15.00

Dinner: 17.30

\*Catering menu also attached. Catering staff are used to providing for all dietary requirements, thank you for already confirming all requirements with us.

#### Kit list: *Students will be able to leave their rucksacks daily in the lounge area.*

**Shoes** – All students will need to bring slippers/indoor shoes. Old trainers or wet shoes for all water activities.

**Toiletries** – A towel, sanitary items, hairbrush, hair ties, deodorants (**no aerosols please**).

**Clothing** - Spare underwear, long sleeved t-shirt, jumper, trousers, wet suits (but not essential), good grip shoes, indoor shoes. Old trainers/wet shoes and a coat for the evening/wet weather. Please see suitable attire listed.

**Medicines** – Please bring all medicines in their original box – ensuring that key information has been recorded for staff to administer. If your child uses an inhaler, please ensure this is sent in as they will need to keep this on them.

**Other items** – Sun hat, sun cream/after sun cream, water bottles that can be refilled during the day, money for gift shop (but not essential), we're happy for you to bring a small amount of sweets if you wish, no fizzy drinks please.

**\*Please label all items you are bringing.**

# SUITABLE ATTIRE



At Hautbois Activity Centre we do our best to make sure we have everything you need during your time with us, but we ask that you come prepared with a few essentials too.

If clothing is unsuitable for the activity being undertaken Hautbois staff may ask participants to change or the activity may be cancelled. Please contact the office should you have any queries regarding suitable attire.

## ACTIVITIES

### WARMER WEATHER

- **SHORTS**  
'Hot Pants' (shorter than mid thigh) are not suitable for activities.
- **T-SHIRTS / VEST TOPS**  
No cropped or spaghetti strapped tops for activities please.
- **TRAINERS**  
No open toed or open backed shoes (no flip flops for activities)
- **CAP OR HAT FOR SUN PROTECTION**
- **REUSABLE WATER BOTTLE**

### COOLER WEATHER

- **TROUSERS**  
No jeans for watersports (these take too long to dry should they get wet).
- **WATERPROOFS**  
We ask that participants 'layer up' and bring a spare for all winter activities.
- **WALKING BOOTS / TRAINERS**  
No open toed or open backed shoes (no flip flops for activities)
- **HAT AND GLOVES**
- **REUSABLE WATER BOTTLE**

### WATER ACTIVITIES

- **CHANGE OF CLOTHES**  
No jeans and old clothes only- these will get wet and muddy!
- **OLD TRAINERS OR WET SHOES**  
Please no wellingtons or crocs. Open toed shoes are not suitable. (Flip Flops)
- **WETSUITS**  
Not supplied by Hautbois but can be worn, although not essential.
- **SHOWER GEL AND TOWEL**  
We recommend that everyone showers off after taking part.

### GENERAL

- **NO JEWELLERY**  
Please don't wear jewellery and cover any piercings that can't be removed.
- **LONG HAIR MUST BE TIED BACK**
- **REUSABLE WATER BOTTLE**
- **GLASSES AND HEARING AIDS**  
Can be worn for activities at owners own risk ( bring spares if you have them!)
- **ALWAYS BRING SPARE CLOTHES!**  
We have showers and changing areas available for all guests.

## Catering Menu

**\*Please remember to provide a pack lunch for Wednesday**

Registered address: All Saints School (Lessingham) Limited. Company no: 10323174  
Rookery Farm, Reynolds Lane, Potter Heigham, Great Yarmouth, Norfolk NR29 5LY

<b>Wed, 4 Oct 2023</b>	
<b>Meal</b>	<b>Menu</b>
Afternoon break	Tea/Coffee/Water & snack
Evening meal	Pasta Bolognese, garlic bread, salad – cup cake

<b>Thurs, 5 Oct 2023</b>	
<b>Meal</b>	<b>Menu</b>
Breakfast	Toast, cereal, yogurt, fruit
Morning Break	Tea/coffee/water & snack
Lunch	Ham and cheese croissant, crisps, salad – fresh fruit platter
Afternoon break	Tea/coffee/water & snack
Evening meal	BBQ chicken and beans, potato wedges, sweetcorn – chocolate brownie

<b>Fri, 6 Oct 2023</b>	
<b>Meal</b>	<b>Menu</b>
Breakfast	Toast, cereal, yogurt, fruit
Morning Break	Tea/coffee/water & snack
Lunch	Jacket potato, baked beans, tuna, cheese – fresh fruit platter

**Food Allergy Advice** – Please be aware that your menu may contain allergens. If you or anyone in your year group has an allergy or intolerance, it is important to ensure that the catering staff are made aware of your requirements. It is advisable to let us know in advance of your visit to ensure we can cater for you during your stay.

**Mobile phones & technology devices:**

We are happy for your child to bring their mobile phones with them; these will be handed in on Wednesday morning, as per school policy, in order to safeguard all students. We will have a quick bag check with your child to ensure that all devices have been handed in and placed in the day visit box. However, we would encourage for all valuable items to remain at home.

School staff will have school devices with them in order to capture the events happening which will be shared via our school newsletter and website gallery.

**Unauthorised items:**

\*Energy/caffeinated and fizzy drinks.

\*Any cigarettes, alcoholic drinks, drugs/unauthorised items such as matches/lighters brought to the venue may result in an end of placement from All Saints School, as per our school's behaviour policy. Parents/carers will be called immediately to collect from their child from the venue.

\*Any poor behaviour towards one another will also result in parents/carers being called to collect their child.

**Our last day:** You're very welcome to come and collect your child on the last day, taking them straight home as they will be tired. Please arrive by 2pm for a 2:15pm collection, we won't be ready any earlier. If you could confirm with the Office if you will be collecting on the last day, by Monday 25<sup>th</sup> September, this would be appreciated.

**Key contact numbers:**

School mobile: 07897875925 (Ms Dangerfield)

For any additional questions you may have please do get in touch via the office before the Monday 25<sup>th</sup> September.

Kind regards



Miss King

School Support Manager Senior Leader