



# NEWSLETTER

Regular news updates from All Saints School, Lessingham

## KEY DIARY DATES

### October:

- 2nd: Whole school flu immunisations
- 3rd: Upper Juniors trip to Happisburgh
- 4th-6th: Hautbois Activity Week
- 5th: Juniors Parent/Carer Café
- 12th: Parent support group
- 18th: House rewards day
- 18th: Lower Juniors trip to London

19th-27th: Half Term

## IN THIS ISSUE

Message from Ms Dangerfield

School Games Award

Congratulation to...

Reminders

Year 9

Lower Juniors

Art

ASDAN & Dragons on the move

Book Trust's top 100 reads

Every Day Counts—Attendance

NIDAS—Domestic Abuse

## MESSAGE FROM THE HEADTEACHER

What a busy few weeks; together we have been exploring, learning, reflecting, laughing, playing, listening, calculating, speaking, reading, studying, experimenting, visiting, or to put it simply **achieving**. I know that during next week's senior school residential, although it will be challenging for many, with help and support every one of us will go home wanting to do some sleeping but being proud of ourselves and therefore joining in with celebrating.

We are delighted that the school has being judged Highly Commended by the young people and families panel in the Flourish Awards. We are especially pleased that they recognised the school's commitment to ensuring that each and every young person reaches their full potential in all areas of their life.



### Below is what the judges have written

*Nominated by many of its parents, the school was highly commended as a place that cares and understands children, always puts their needs first, supports and nurtures. The staff really care about the children, looking after them and catering to their every need.*

## School Games

We are also delighted that we have received the School Games Gold award.

Thank you to Mr Morton for his hard work in ensuring every one of our students has a positive and engaging experience in PE.



## Congratulations to ...

Ms Paffett for gaining the Senior Mental Health qualification

Ms Cossey and Ms Wade for gaining QTS (Qualified Teacher Status)

## Numbers to contact for help

Ms Dangerfield: 07879 875925

Miss Paffett: 07733 417296

Norfolk children's support line:

Text 07480 635060 or call 0344 800 8029

## Reminders

- \* Please send a named water bottle to school every day
- \* Please return paperwork to the office in a timely manner; this includes consent forms and EHCP paperwork.

## Year 9

We have been learning about the African American Women who worked for NASA to put the first rocket into space. We had a go at creating our own rockets and tested them in the wind turbine of the playground. Great Engineering!

Big question: Does a screwed up piece of paper weigh the same as a flat piece of paper?



Year 9 wrote a class poem for International Day of Peace. The theme for 2023 was 'Peace begins with me'. This was created as a part of our Personal Development curriculum, where we explore themes and discuss issues that will affect us as citizens of the wider world.

Well done Year 9 - in the hubbub of a busy school and world it was lovely to reflect on where we can find peace.

### Peace Begins With Me

Peace is sitting by the sea, watching the waves ripple on the beach  
Peace is in the hold of a hand that you love  
Peace is when I get home  
Peace begins with me

Peace is closing your eyes  
Peace is like the army, it's always there for you  
Beneath the surface of war.  
Peace begins with me

Peace makes my days smile  
Peace is in my dog's smile  
Peace is the quiet of leaving the taxi  
Peace begins with me

Peace is when I meet God and shake his hand  
Peace is wherever you go to be happy  
Peace is within you but  
Peace begins with me

Peace is inside the cover of a book  
Peace is friendship  
Peace is recognising another language  
Peace begins with me.





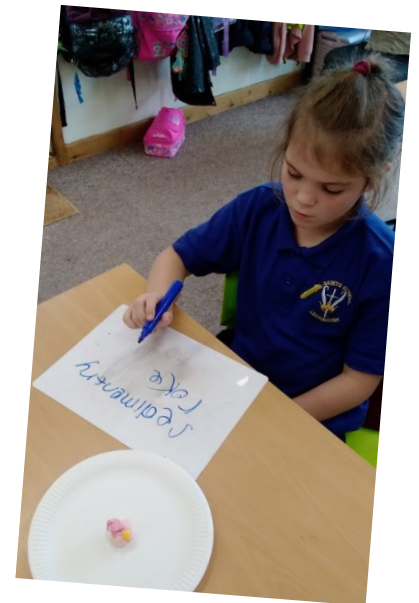
## Lower Juniors

From potato to chips...

We made chips from scratch!



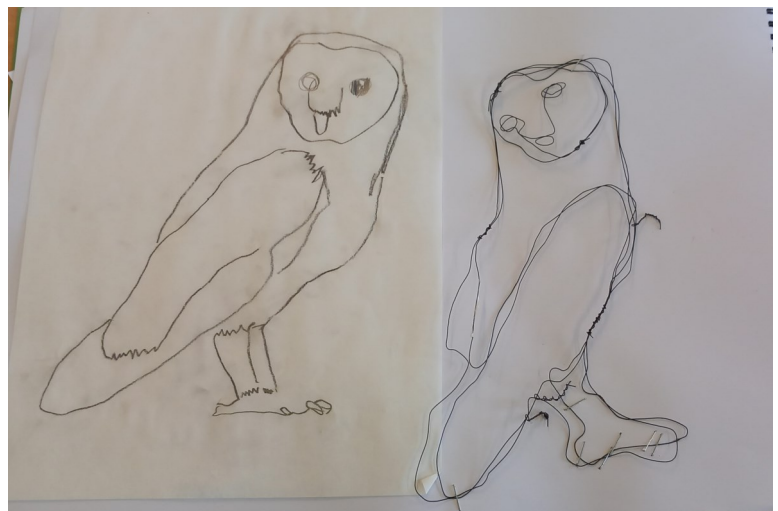
The Rock Cycle  
How are rocks made?



## Art



Paige showed what a talented artist she is by drawing this beautiful bird



Rio drew an owl and also created a replica from wire



## ASDAN

Year 10 and 11 ASDAN visited the Victory Swim and Fitness Centre on the 21st September.

We were joined by Ellen from 'Active Norfolk' and Sarah from 'Dragons on the Move' to carry out an assessment of the centre from the point of view of young people. We were shown around by a member of staff and tried out some of the gym equipment.

Before coming back to school we had some free time to play games in the sports hall which was the best!



The following week we headed out to Bacton Woods - lots of helpful comments made to make things easier/more accessible in which Ellen will give feedback to NNDC and the forestry commission group.

Rio's excellent sense of direction and map reading skills were excellent, it was lovely to see him *checking that Ellen knew where she was going!*

<https://www.nansa.org.uk/dragons-on-the-move/>

<https://www.activenorfolk.org/>

## Books Trust's top 100 reads

If you need ideas about books to encourage your child to read - please have a look at the Book Trust's top 100 reads. We have many of these titles in our school library and are always keen to order in new books that students recommend. They can do this using the Library Google Classroom which is relaunching early October. You might even enjoy reading them yourselves!

[https://cdn.booktrust.org.uk/globalassets/resources/great-books-guide/2023/great-books-guide-2023-digital.pdf?\\_gl=1\\*1g2yjs\\*\\_ga\\*OTE1MDg5Nzg3LjE2OTU5ODk4NTU.\\*\\_ga\\_42TZWFx8W\\*MTY5NTk4OTg1Ni4xLjEuMTY5NTk5MDEyNC4wLjAuMA..](https://cdn.booktrust.org.uk/globalassets/resources/great-books-guide/2023/great-books-guide-2023-digital.pdf?_gl=1*1g2yjs*_ga*OTE1MDg5Nzg3LjE2OTU5ODk4NTU.*_ga_42TZWFx8W*MTY5NTk4OTg1Ni4xLjEuMTY5NTk5MDEyNC4wLjAuMA..)

The Book Trust has lots of useful advice about reading and their website is worth a visit. Please remember too, that it is our Literacy Parents Forum on October 12<sup>th</sup> 2.00-2.30 pm.



Every Day

Counts



Supporting Good

School Attendance

### Guidance for Parents / Carers

Good attendance at school is one of the most important factors in ensuring that children and young people have the best opportunities in adult life.

Did you  
know?



**90%**  
**Attendance**

for one year = 4  
weeks of learning  
missed, this is called  
persistent absence.

[justonenorfolk.nhs.uk/attendance](https://justonenorfolk.nhs.uk/attendance)



**Norfolk**  
County Council

Research has shown that there is a strong link between levels of attendance at school and levels of achievement. Students with high levels of attendance tend to gain better results in tests and examinations than students with lower attendance levels. Children with good attendance are more than twice as likely to pass their English and Maths GCSEs compared to those who are persistently absent.

## How you can help your child have good attendance

- ✓ Get into good routines: start the year right and make attendance a priority, or even better, get into good habits from the start of nursery!
- ✓ Show an interest in school and education; attend parents meetings, concerts and other school events.
- ✓ Talk about school at home: ask your child what they're learning, how their friends are and how they're getting on.
- ✓ Encourage your child to take part in school activities.
- ✓ Don't let your child take time off school for minor ailments: particularly those which would not stop you from going to work.
- ✓ Where possible, make appointments outside of school hours.
- ✓ Take family holidays during school holiday time only.
- ✓ Encourage your child to tell you about any problems they may have at school. If you know or think that your child is having difficulties attending school, you should contact the school straight away.
- ✓ Acknowledge, praise and reward good or improved attendance, even small successes.

For advice on support for your child's attendance, speak to your school or visit  
[justonenorfolk.nhs.uk/attendance](https://justonenorfolk.nhs.uk/attendance)







Joined-up domestic abuse support  
in Norfolk.

# **We're here to support your journey to freedom**

**NIDAS is a domestic abuse service for  
people at medium or high-risk of further  
harm and their children in Norfolk**

Contact us for more information on domestic  
abuse and the different risk levels, as well as  
guidance on how NIDAS can support you.

## **Opening hours:**

**Weekdays: 9am – 6:30pm**

**Weekends: 9am – 3pm**

**Visit: [www.nidasnorfolk.co.uk](http://www.nidasnorfolk.co.uk)**

**Call: 0300 561 0555**

**Out of hours: 0808 2000 247**

**If you're in immediate danger,  
always call 999.**

