



NEWSLETTER

Regular news updates from All Saints School, Lessingham

KEY DIARY DATES

November:

15th: Yr 8 trip to Norwich
15th: Careers Live Employment (Digital, Culture & Creative)
17th: Duncan Baker MP—Yr7
20th-24th: Wellbeing week
24th: Yr 9 trip to Bacton beach
28th: GCSE Art trip

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MESSAGE FROM THE HEADTEACHER

Firstly, thank you to all of you for supporting school by attending parent cafes, parents' evenings etc. We look forward to seeing more of you in school in the coming weeks. Please pop the Christmas church service date, venue and time in your diary: 15th December at **Catfield Church**, start time of 1:15pm - more details will follow in the coming newsletters.

Some of the best moments as a headteacher are when you walk around the school and you witness magical interactions between students and staff. I know, although I don't see everything, every minute of every day the school is providing a fabulous education for all of our children. It is wonderful when we have professionals, families, visitors who come into school and get to see a tiny glimpse of what is happening.

Just before half term, Norfolk undertook a *Quality Assurance Audit of provision*. This involved four members of the Norfolk local authority audit team looking at all aspects of school life. Their main findings were:

- ♦ **Pupils at All Saints School are happy and say that they feel safe in school**
- ♦ **Pupils engage in a well-organised curriculum**
- ♦ **Leaders invest in staff wellbeing and coaching**
- ♦ **Relationships between adults and pupils are a strength of the school**

I also want to share with you some of the lines from the report.

- * Learning walks revealed happy pupils engaged in their learning with strong relationships throughout.
- * Relationships between pupils and adults are exceptional; the positive atmosphere of learning and trust is tangible
- * The curriculum is strong and ensures that all learning and experiences offered by the school are interlinked. The learning focus is ambitious and lessons visited showed challenge for all pupils.
- * All staff are passionate about the school and feel valued and supported by senior leaders. There is a strong collaboration and work ethic; staff are motivated to support pupils to achieve their best and feel happy and safe in school. They recognise the investment in terms of professional development and wellbeing support that leaders provide.

Of course there is always more we can do, the report acknowledges this as well.

All leaders are very ambitious about the **future of the school** and have clear plans to take the school forward. There is a shared commitment and tenacity to keep improving, driven by senior leaders, but echoed by all staff in school.

If there is anything we can do to support you or your child further, then please do get in touch it is by working together that we make a difference.



Dulce et Decorum est

With Remembrance Day approaching Ms Jones joined the Year 10 Science lesson and read the poem 'Dulce et Decorum est' by Wilfred Owen.

The poem describes the realities of war and a gas attack during World War 1, this linked with their learning about the Halogen Gases.



Numbers to contact for help

Ms Dangerfield: 07879 875925

Miss Paffett: 07733 417296

Norfolk children's support line:

Text 07480 635060 or call 0344 800 8029

Welcome to our new School Counsellor



Susan Smithurst (BA Hons) has postgraduate awards in counselling and emotional education / coaching. She is also an advanced Grief Loss Specialist. Her experience spans over 30 years in delivering counselling and specialist mental health outcomes.

Susan has worked and lectured on these areas in both colleges and universities and she has supported schools in working with children and young people with disabilities, SEN and neurodiversity. Susan's methodology incorporates counselling / mental health coaching and solution focussed therapy to support personal development and growth for those she works with.

Susan uses a strengths based approach in underpinning her therapeutic outcomes as gleaned from her professional training and personal life experience of being a sibling and parent herself.

Gemma Montgomery – Wellbeing Mentor

I have been working at All Saints as a Teaching Assistant for year 7 and I am excited to be taking on the role of Wellbeing Mentor. I studied psychology at university as I wanted to help support people and am looking forward to further using my knowledge gained to benefit our students.

I will be providing sessions on a one-one basis or part of a small group to support and promote confidence, resilience and overall wellbeing.

If you have any questions regarding the wellbeing sessions I will be happy to discuss this with you, please contact me at gmontgomery@allsaintslessingham.co.uk



Help and support with living costs

Please visit the website below if you need any support:

<https://csapps.norfolk.gov.uk/cssshared/ecourier2/fileoutput.asp?id=54504>



* Calling all Parents and Carers *

Join Catherine at our next Parent Support Group

Thursday 30th November 2-3pm

The Parent and Carer Support Group will be held on Zoom and an invitation link will be emailed to everyone in advance.

<https://thefamilynutritionexpert.com/>

Wellbeing Week

20th-24th November

Our school council has chosen to raise money for The Norfolk Wildlife Trust. There will be a non uniform day on Friday 24th November as part of our wellbeing week.

<https://www.norfolkwildlifetrust.org.uk/home>

Further information about Wellbeing Week will be sent home next week.



UEA Basketball Tournament

Year 9, 10 and 11 students brought it home for All Saints by winning the basketball tournament at UEA.

They showed excellent teamwork and skill but most importantly enjoyed the opportunity to represent the school in a competitive environment.

Well done to everyone, you should be very proud of yourselves!



Sporting Success Board

We are looking to update our sporting success board in school to celebrate our students' achievements.

If a student is involved in sport or physical activity outside of school and would like to share a photo, please email it to:

jmorton@allsaintslessingham.co.uk

If a student doesn't want to share a photo, we can also share a blurb describing what sport it is that they do on the sporting success board instead.



GCSE PE

What better way for GCSE PE students to learn about muscles than to cover themselves with post-it notes.

Well done Fraser and Thomas for being good sports.

Jewellery

Please note that jewellery should be removed as part of our PE uniform, this is for safety reasons. If your child is unable to remove their own jewellery, we would ask that they not wear this jewellery on school days when they have practical PE.

If your child has recently had their ears pierced, please contact the school office and we will provide medical tape to tape these piercings until such a point where they can be removed (this date should be clearly communicated with school).

Thank you for your support with this.

Well done



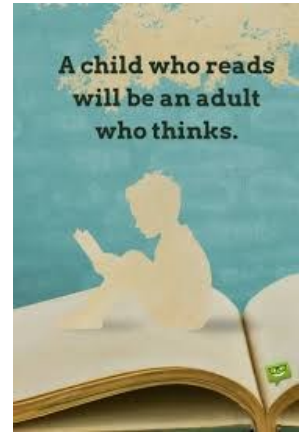
A very happy Ruby who has worked hard with her swimming lessons and has just achieved her level 4. Ruby is now doing her level 5 and we are very proud of her achievement!

Reading

If you need ideas about books to encourage your child to read - please have a look at the Book Trust's top 100 reads. We have many of these titles in our school library and are always keen to order in new books that students recommend. They can do this using the Library Google Classroom which has recently been relaunched please. You might even enjoy reading them yourselves!

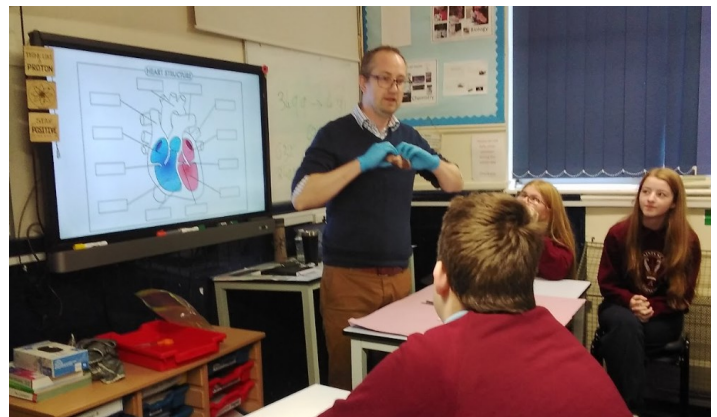
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The Book Trust has lots of useful advice about reading and their website is worth a visit.



Science

Year 9 and Year 11 students had the opportunity this week to take part in or watch a heart dissection. They looked at the different parts of the heart with Mr Lamb and developed a deeper understanding of how the heart works.



College—Hair & Beauty

Great to see the progress our Hair & Beauty students have made using the dummy hands



Lower Juniors

What a busy half term this was!

Lower Juniors worked very hard on producing their own suspense story based on our textbook – The Iron Man! They got to share their stories with our special guests!



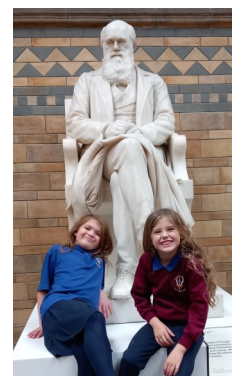
Pets as Therapy

What a fantastic experience! It was lovely to see our young people so comfortable in the school library using their fresh start skills to help them read. They can be very proud of how they interacted with Sid and his owner Alvin.



On the last day of the term, we visited The Natural History and Science museums.

It was a busy day but full of laughter, fun and adventure!



Careers

Norfolk Work & Skills Wednesdays

I am delighted to be able to share that years 9, 10 and 11 have been offered the chance to take part in live Q&A sessions with local employers around Norfolk – more details on the flyer below sent by the Work Experience team at Norfolk County Council. Students have also voiced that they would like to hear from the following industries: Motor, Business, TV/Theatre, Hotel and Leisure. If you would like to get involved in this and are happy to run a live Q&S for us, then we'd love to hear from you.



The flyer is for 'Norfolk Work & Skills Wednesdays'. It features a central yellow banner with the title. To the left, two teal circles contain the text 'Live 30 minute Q&As with local employers!' and 'Learn more about the industry'. To the right, two teal circles contain 'Sessions aimed at young people with SEND' and 'Join live to ask the questions you want!'. Below the banner, a list of sessions is provided: November 8th Horticulture with Notcutts, November 15th Digital, Culture & Creative, December 6th Sport/Fitness, December 13th Animal Care, and January 10th STEM/Scientific roles. Logos for WEX Norfolk and Norfolk County Council are in the top right corner.

Join us live for

Norfolk Work & Skills Wednesdays

On selected **Wednesdays** at 10am:

- November 8th** Horticulture with Notcutts
- November 15th** Digital, Culture & Creative
- December 6th** Sport/Fitness
- December 13th** Animal Care
- January 10th** STEM/Scientific roles

WEX Norfolk
Developing Norfolk's Future Workforce
Norfolk County Council



Our first session was hosted by Notcutts in Norwich.

Sarah Brittain, Deputy Manager, was able to share her journey since joining as a 15-16year old and what opportunities Notcutts provides, as we discovered it's not just about gardening!

A huge well done to Thomas and Laila in KS4 for having the confidence to ask a question live. Laila was really pleased to learn how they support their employees with training relevant to their jobs (for example offering levels 1-3 in animal care supported by Easton College) whilst working at Notcutts was an area she was really interested in.

Thomas was interested in the business side of things, he was pleased to find out what local businesses they support, from selling Jacuzzis to sausages! Sarah has welcomed us to work with her in the New Year to focus on customer service, we felt this was a great way to boost our confidence and self-esteem when working with new people.

Thank you Sarah, we look forward to seeing you soon. Thomas, Laila, Alexa, Taylor and Zak.

College visits confirmed so far

Monday 4th December CCN & Easton College
leaving school just after 9am, returning at 1pm



Post 16 applications and interviews:

Ellen de Winnaar and Miss King will continue to support you all individually with college applications, upcoming interviews and planning work experience.

Post 16 Transport online Q&A session

Tuesday 5th December, 4-4:40pm we welcome Megan from the transport team at Children's Services

This is your chance to hear what support is available for post16 travel, what you need to do in order to be prepared and their recommendations to ensure your child can access the college of their choice.

After the presentation Megan will be able to answer any questions you may have around support with transport.

I highly recommend this session to all parents/carers if you're unsure on how your child is going to travel to their preferred college.

A link will automatically be sent to all year 11 parents/carers nearer the time.

Any questions please do contact me at the school.

Miss King.

The Matthew Project

A Norfolk charity providing a free confidential service to
young people with issues, or questions around drugs and alcohol

<https://www.matthewprojectyoungpeople.org/>

THE
MATTHEW
PROJECT
Finding hope together



THE
MATTHEW
PROJECT

unity

New Live Chat for 13-19 year olds

**Safe space for you to ask
questions about drugs, alcohol,
or support**



16:00 - 19:00, Mon - Thur

<http://>



[matthewprojectyoungpeople.org](https://www.matthewprojectyoungpeople.org)

