



NEWSLETTER

Regular news updates from All Saints School, Lessingham

KEY DIARY DATES

November:

28th: GCSE Art trip

29th: Juniors Bure Valley Sports Hall trip

December:

1st: Reading Reward trip

4th-8th: House/Form competitions

4th: Yr 11 CCN & Easton College

6th: Live Employment Session— Sport/ Fitness

13th: Live Employment Session— Animal Care

14th: Christmas lunch & form activities

15th: Christmas Service— Catfield Church 1.15pm start

18th Dec—3rd Jan Christmas Holidays

January:

2nd & 3rd: Staff Inset Days

4th: Students return to school

10th: Yr 9 visit to see the seals

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Numbers to contact for help

Ms Dangerfield: 07879 875925

Miss Paffett: 07733 417296

Norfolk children's support line:

Text 07480 635060 or call 0344 800 8029

MESSAGE FROM THE HEADTEACHER

We have had another fabulous Wellbeing Week.

I would like to say a huge thank you to all of the staff members who have organised activities. We have also welcomed Catherine Jeans; who joins us as part of the wider therapeutic provision that we offer at All Saints School.

Catherine is a registered nutritionist and nutritional therapist, who supports young people and families around the UK with nutritional advice for optimal health. She has over 13 years' experience, working with clients 1:1 and in group settings, and specialises in supporting people with neurodiversity.

Catherine will be talking at our next Parent and Carer Support Group on Thursday 30th November 2-3pm. It will be held on Zoom and an invitation link has been emailed to everyone. Please contact the office on Monday if you have not received it.

If you are after suggestions, advice or simply want to hear from other parents and carers who are finding this area of life tricky, please do join us online.



Website

We have refreshed and updated the school website. Under the parents' tab we have added a helpful resource section. Hopefully it is helpful!! Take a look and let us know if you want anything adding.

This is the most efficient way for parents and carers to see what is happening in school.

<https://www.allsaintslessingham.co.uk/>

Charity

Royal British Legion

£49.65 was collected from our recent poppy sales.



Norfolk Wildlife Trust

We raised £87.00 today for the Norfolk wildlife Trust.

If anyone wants to donate anything further, please send in on Monday.



Lower Juniors

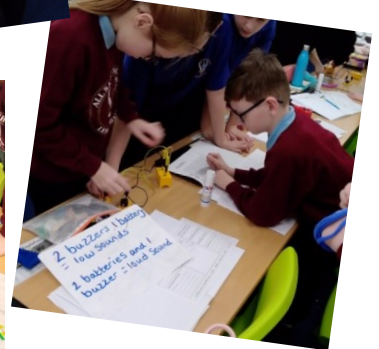
While learning about volcanoes, Lower Juniors created their own! A mixture of washing up liquid, vinegar, bicarbonate of soda - and BOOM!



Upper Juniors Science Experiment

Circuit making using a buzzer, a battery, wires and an open switch.

Students also tested 2 batteries and a buzzer and 2 buzzers and 1 battery.



Year 9 Geography

Year 9 were delighted to welcome Mrs Hollis from Castaways in Bacton to talk to us about sea defences. We are looking forward to a field trip to Bacton beach today.



Reading Rewards

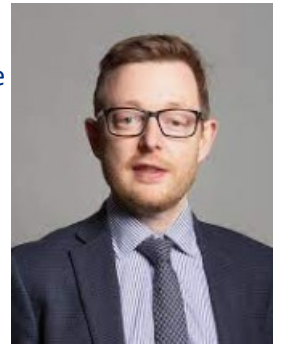
Well done to Phoebe for achieving the Bronze Level and Jacob for reaching the Silver Level on our reading reward scheme. They will be joining other students from across the school on our reward trip next week.



Year 7

Duncan Baker (local MP), visited Year 7 to discuss the global concern of climate change. He spoke about how climate change impacts us in Norfolk and what we can do to help. Year 7 came up with lots of great questions for him to answer.

Since the visit, we have received a letter from the House Of Commons stating that during Duncan's short time at All Saints it was clear that staff are doing a "remarkable job and provide the most wonderful education".



College

Students have been busy during their weekly visits to college. Courses include Hair & Beauty, Construction and Catering.



Congratulations to ...

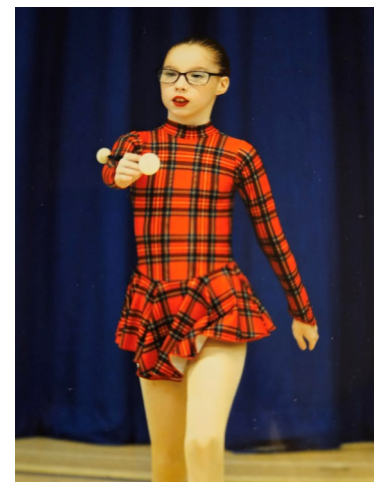
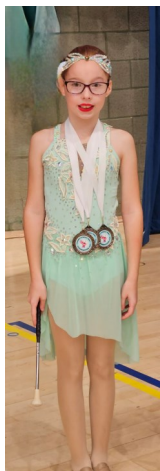
Huge congratulations to Grace who came runner up in the Young Sports Personality of the Year at the prestigious Active Suffolk Awards held last night at Trinity Park, Ipswich!

We are all super proud!



Anastasia got 2nd place in all three events recently at the Audrey O'Neil MBE Foundation cup.

She competed in basic strut, solo twirl and poise and had such fun!

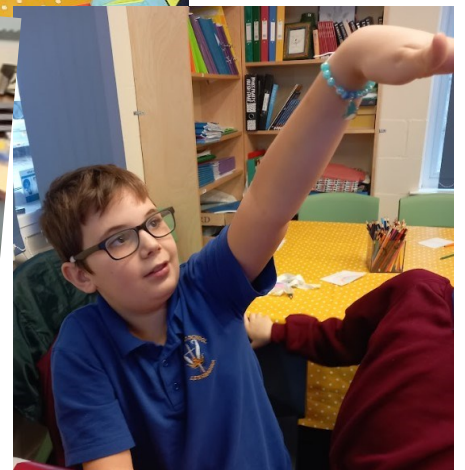
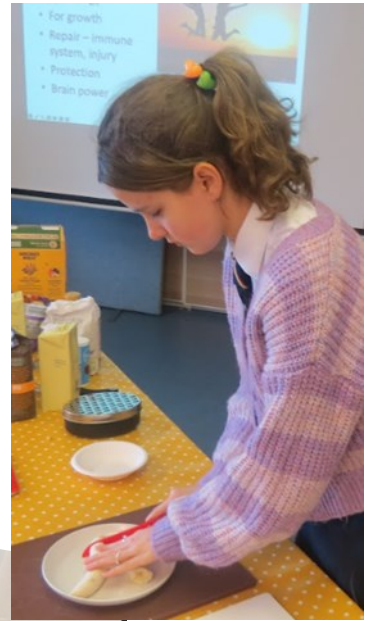


Year 10 representing All Saints at the Norfolk SEN PE Cluster Ten Pin bowling event



Wellbeing Week

This week students have taken part in Nutritional workshops, made bracelets and stress balls and played dodgeball. They have pushed themselves to try new things and we are very proud of them.





Looking After Your WELLBEING ONLINE

We all know that taking care of our minds and bodies is essential to keep us feeling happy and healthy. The thing is, we spend so much of our time online these days that it's also important that we remember to look after ourselves in the digital world, too. Our poster has got some simple but useful tips for supporting your wellbeing while you're gaming, on social media or just using the internet.



LOOK FOR POSITIVE COMMUNITIES