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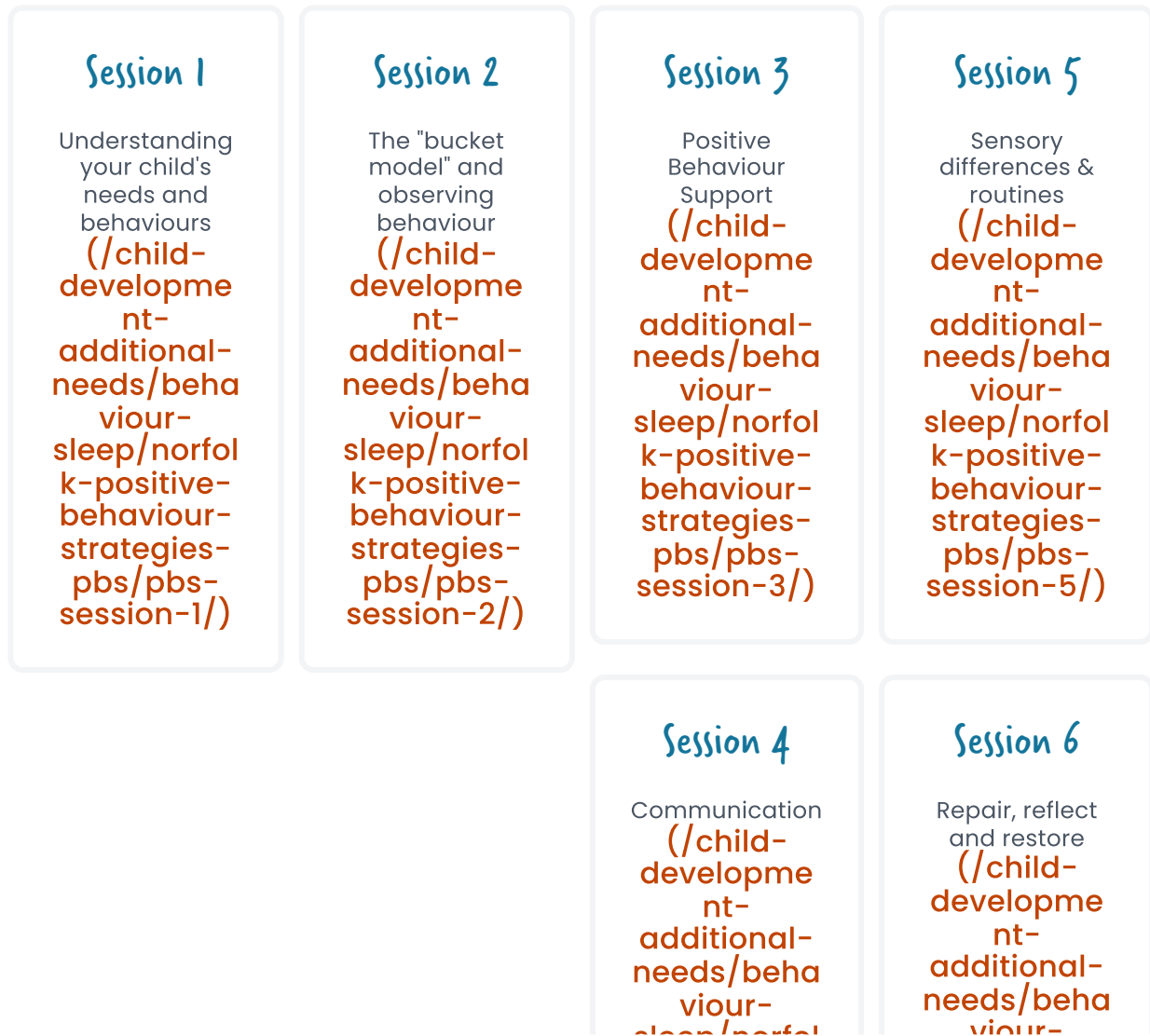
Behaviour & Sleep

Norfolk Positive Behaviour Strategies (PBS)

Positive Behaviour Strategies (PBS) is a programme for families of children with additional needs produced by our partners in Norfolk Community Health and Care and Family Action. It was developed originally to give group support to families of children who had been referred for assessment by a specialist team. These sessions have been developed during the Covid-19 outbreak to offer support to all families with additional needs.

During the course you will hear the term neurodevelopmental disorder which refers to conditions such as autism (autistic spectrum disorder, ASD), and attention deficit hyperactivity disorder (ADHD). It is really important to remember that having a name for your child's condition does not alter how your child behaves.

This course will help you think about the messages your child is trying to communicate to you and some practical skills and strategies to help you manage your child in a positive way.



Also in this section...

Behaviour → (/child-development-additional-needs/behaviour-sleep/behaviour/)

Understanding Your Child's Behaviour → (/child-development-additional-needs/behaviour-sleep/understanding-your-child-s-behaviour/)

Behaviour Troubleshooting → (/child-development-additional-needs/behaviour-sleep/behaviour-troubleshooting/)

Norfolk Positive Behaviour Strategies (PBS) → (/child-development-additional-needs/behaviour-sleep/norfolk-positive-behaviour-strategies-pbs/)

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[online Learning - Solihull Approach \(/online-learning/\)](#)

[Still Worried / Need More Help? \(/our-services/still-worried/\)](#)



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