



NEWSLETTER

Regular news updates from All Saints School, Lessingham

KEY DIARY DATES

December:

13th: Live Employment Session —
Animal Care

14th: Christmas lunch & form
activities

15th: Christmas Service —
Catfield Church 1.15pm start

18th Dec—3rd Jan Christmas Holidays

January:

2nd & 3rd: Staff Inset Days

4th: Students return to school

10th: Yr 9 visit to see the seals

15th: Yr 9 DTP Immunisation

15th-19th: Yr 11 Mock week

22nd: Safer Schools Partnership

23rd: Yr 8 PGCE visit to UEA

29th: Sports Partnership Adapted Games

IN THIS ISSUE

Message from Ms Dangerfield

Christmas week information

Eco Art competition

Christmas hamper collection

Writer's Centre trip

Nutritional Therapist Support

Year 11 and Careers

Juniors

Art

Reading Reward trip

Basketball Champions Medal Award

Congratulations ...

NIDAS Service

Family Support

Numbers to contact for help

Ms Dangerfield: 07879 875925

Miss Paffett: 07733 417296

Norfolk children's support line:

Text 07480 635060 or call 0344 800
8029

Message from Ms Dangerfield

It is that most wonderful time of the year again. Personally the year has flown by, but then they do say time flies when you are having fun! The past two weeks in school have been as busy as usual including: Year 11 visits to colleges, Catherine our nutritionist in school, KS2 and KS3 parents evening, Fresh start external review, Juniors PE visit to Bure Valley school, reading reward trip to Norwich, careers talk about sport and fitness, students advocating neurodivergent writing and then student learning, staff professional development and other wider opportunities that we provide for students and our staff team.

This week we will be celebrating Christmas; thanks go to the student council who have organised a Santa dash on Monday, Christmas art competition taking place throughout the week, hamper deliveries to two homes (thank you to everyone who has donated), Christmas lunch and whole school quiz on Thursday and finally our end of term church service at Catfield Church on Friday starting at 1.15pm. No wonder the year has flown by, fabulously busy with so much fun.

I would like to wish you all a Merry Christmas and a peaceful New Year and to thank my fabulous staff team for all they do day in and day out to make All Saints School the wonderful place it is.

Merry Christmas all!

Christmas week information

Monday: Students can come in their PE kit as they would on a PE day and, if they would like to wear something festive, a Christmas jumper or hat for the Santa dash they can. Mr J Morton has a Christmas jumper with Santa riding a T-Rex to help get everyone into the Santa Dash festive spirit.

Tuesday: Normal day

Wednesday: Winning house team in non uniform (we will message the winning house members on Tuesday)

Thursday: Non uniform day, Christmas lunch (hot and cold buffet), whole school Christmas quiz and assembly

Friday: Church service at Catfield church 1.15pm start

**** Normal school uniform on Friday ****

**** No swimming ****



Eco Art Competition

Thank you to everyone who entered and congratulations to

Violet, Paige, Tilly and Annie the student council agreed that all deserved a prize.



Christmas Hamper Collection

A huge thank you to all students, parents, carers, staff members, taxi drivers and PA's who have kindly donated items for our Christmas hampers. We have been overwhelmed by your kindness and generosity towards this. Because of your generosity we have managed to create a third hamper that will be delivered to a local homeless shelter next week.

Staff and the residents at Hickling and Sydney House are all looking forward to welcoming us next week, we will keep you posted!

Writer's Centre Trip



A group of our keen writers had a wonderful trip to Dragon Hall today to advise the Writers Centre on inclusivity, Fantastic Oracy and had chance to have their voices heard .

Well done to Jess, Hollie, Esme, Millie and Connor.

Really proud of you all!

Following our visit, the following email was received from Hannah Gerrard at the Writer's Centre:

Hello Sian

It was so lovely to have you all here. Their ideas and opinions are so valuable to the work we do and thank you for the lovely Tweet!

I'm just copying my colleagues who are also involved in the competition – Caitlin and Holly, to update them on our very insightful conversation and where we are with the competition and inclusivity.

As per our discussion, we will include an optional tick box to state whether the writer submitting their work identifies as neurodivergent – the group were happy having this term used. This will ensure that their piece gets acknowledged and assessed with attention to the fact that they face certain barriers when it comes to writing, and judged with this in mind. (I'll need to flesh out the exact wording and process but this is where we will start from.) This identifying characteristic will be stored securely and confidentially. Neurodivergent winning/shortlisted writers have the option to share their neurodivergences publicly in their writer bio statement, if they wish to do so.

Do let me know if I should consider anything else.



Nutritional Therapist Support

Following on from Wellbeing week and the parent/carers information session, please follow the link below for key information, presentations and some recipes used with the students for you to try at home. Do continue to get in touch if you would like a 1:1 session with Catherine to support your child; parents/carers are encouraged to attend the first session to support meals and snacks at home:

<https://www.allsaintslessingham.co.uk/nutritional-therapist/>

Year 11

Visit to City College Norwich and Easton College

Huge thank you to David Rye for leading both tours on Monday, very informative sessions and has really support the decision making for post 16 choices. As always it is wonderful bumping into ex-students and to hear how well they doing. This year we were fortunate to hear from Caitlin, Luke and Alex. Their key messages to us were:

"Loving college life"

"I'm so much more independent now"

"It's scary to begin with but you will be ok, the support is amazing"



Careers – Norfolk Work & Skills Wednesdays



Reminder - Yr11 Mock week
15th -19th January



Year 11 busily putting the school Christmas tree up – good team effort!

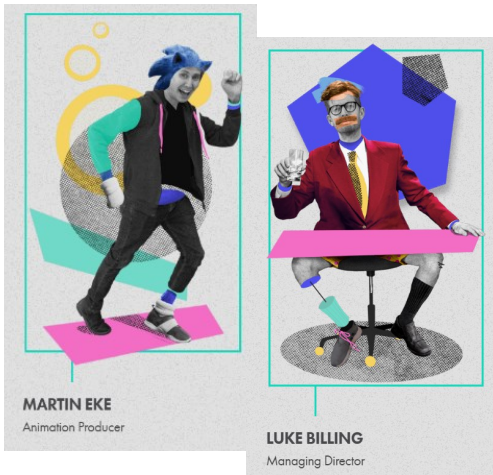
Virtual talks focus - Digital, Culture & Creative and Sport & Fitness

Year 9, 10 and 11 have had the opportunity to hear from the following guest speakers:



Dean Saunders discussed his journey from working behind the bar to now being the General Manager at Dunston Hall. It was great to hear about his responsibilities for the sport facilities at the hotel and how to get into the industry. Huge well done to all students for their engagement and for feeling confident to ask a question live.

We look forward to visiting Dunston Hall in the near future.



MARTIN EKE
Animation Producer

LUKE BILLING
Managing Director

Luke & Martin from Meantime Media, a Norwich based production company that makes videos & animations for various organisations talked about routes into the industry and their projects with the UEA, Google, Nike Sports, NHS, RHS and Norwich City Football Club. "It's not all about having a degree...showing you skills, building a portfolio of work and not holding back" were some of the key messages from the session.

<https://meantime-media.co.uk/>



Christmas biscuits production
Santa's Elves at work!

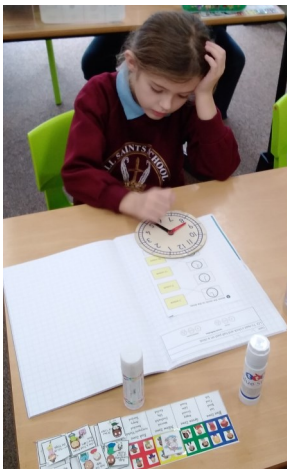
Juniors

Can we
separate
different
materials?
Yes we can!



Telling the time is
(NOT) that hard!

Upper Juniors were baking in preparation
for Mrs Dangerfield's visit, as they had an
important questions to ask her ...



A big thank you to Bure Valley School for hosting our junior
students, who had a fantastic morning of sports hall athletics.

All students represented their schools brilliantly.





Art

Our Art GCSE students who are currently studying 'reflections' enjoyed a visit to the Sainsbury Art Centre at UEA.



Reading Reward Trip

Mrs Fuller and Ms Czubaj enjoyed a lovely morning in Norwich with the students who had achieved their Reading Rewards. The students got to decide what they wanted to buy with their rewards and used their mathematical skills to work out what they could afford.



All Saints Basketball Champions proudly showing off their medals

Congratulations

to Piper who has recently been awarded
Gymnast of the Month!





Joined-up domestic abuse support
in Norfolk.

Visit: www.nidasnorfolk.co.uk

Call: 0300 561 0555

Out of hours: 0808 2000 247

Christmas Opening Hours

December 2023

Sunday 24th (Christmas Eve): 9am - 3pm

Monday 25th (Christmas Day): 9am - 3pm

Tuesday 26th (Boxing Day): 9am - 3pm

Wednesday 27th - Sunday 31st: Normal core opening hours

January 2024

Monday 1st (New Years Day): 9am - 3pm

Tuesday 2nd: 9am - 6:30pm

Wednesday 3rd: 9am - 6:30pm

Core opening hours

Weekdays: 9am – 6:30pm

Weekends: 9am – 3pm

**If you're in immediate danger,
always call 999.**

Support for families of children with neurodevelopmental differences / additional needs in Norfolk

This information sheet is for families who are worried about autism/ADHD/additional needs. The services below are here to support you on your journey. Please reach out to them for help.

Although a clinical assessment for neurodevelopmental differences such as autism or ADHD is helpful for some families, a diagnosis is not required to access [SEND support](#). It is important to remember that having a name for your child's condition does not change who they are. It is helpful to think about what goals you and they are aiming for so that you can access the support available to help achieve these goals.

General advice and support

- [Just One Norfolk](#) is the 'go to' health website for Norfolk and Waveney families and includes a range of information and support for families to access including sleep issues, parent, and child emotional health. Telephone 0300 300 0123.
- [Ambitious About Autism guide to autism in the early years](#) provides guidance and practical support about autism for families of children under 5 years old.

Support for my child/ young person in school

- Speak to your child's school Special Educational Needs Coordinator (SENCO).
- Review the [SEND \(special educational need and/or disability\) Local Offer information](#).
- Look at the [advice pack developed for schools and professionals](#).
- [The Education Triage Scheme in Norfolk](#) enables your child's school SENCO to seek telephone advice directly from a psychologist if there is concern that your child's skills or behaviours may be suggestive of a neurodevelopmental difference such as autism or ADHD. Please speak to the school SENCO if you have concerns.

Support for myself and my family

- [Norfolk SENDIASS](#) offer free impartial advice about SEND
- [Positive Behaviour Support \(PBS\)](#) online course offers some practical strategies to help you support your child in a positive way.
- [Family Voice Norfolk parent carer forum](#).
- [Norfolk and Suffolk SEND association \(Nansa\)](#) provides support and activities for children, young people, adults and families.
- [Recovery College](#) provides free online training about autism for adults.
- [ASD Helping Hands](#) provides workshops, activity days and residential breaks for children, young people and their families
- [Autism Anglia Norfolk Support Groups](#) provides links to support and activity groups for children and young people
- [Carers Matter Norfolk](#) specialise in supporting young carers and their families.
- [Autism Central](#) provides resources, online drop in and support for families.
- [ADHD Foundation](#) resources for families
- [PDA Society](#) pathological demand avoidance resources for families

Support for my child with sleep difficulties

[nansa sleep service](#) for families of children with SEND experiencing sleep difficulties

Support for my child/ young person with mental health difficulties

- [Just One Norfolk mental health support](#). All referrals for mild to moderate mental health support for 0-25 year olds are processed by Just One Number. Self-referral is available. The team will then allocate to the most appropriate service and update you.
- [Discovery College](#) offers free educational online courses and webinars on mental health topics for 16 - 25 year olds.
- [This May Help](#) - advice for supporting your child's mental health.
- [Childline](#) - call 0800 1111.
- [Papyrus](#) - prevention of young suicide - call 0800 068 4141 or text 07860 039967.
- [Samaritans](#) - call 116 123 or email jo@samaritans.org.

Support for my child/young person in mental health crisis

- [NHS 111 Mental Health Option](#) - 24 hour urgent mental health support. Dial 111 and select option 2.
- [SHOUT 24 hour crisis text service for mental health](#) - Text "shout" to 85258 for urgent mental health support.

If at serious risk of imminent harm dial 999 or attend nearest Accident and Emergency department.

Information about the neurodevelopmental condition assessment pathway

- See the [Norfolk County Council Local Offer](#) website for advice for parents seeking assessments for neurodevelopmental conditions.
- [Family Action](#) provide a support service for both parents of children and young people in Norfolk and Waveney who are awaiting assessment by the Neurodevelopmental Service or who have been diagnosed with ASD or ADHD. Parents can access workshops, support groups, courses and individual support and advice in matters relating to their child's needs.

Support with Education Health and Care Plan processes

- [Education, health and care plans \(EHCP\) guidance Norfolk County Council](#).
- [Norfolk SEN network](#) aim to help parents of children and young people with SEND (0-25 years) to find the right educational placement or provision to meet their needs.
- [Norfolk Sendiass](#) provide free impartial information, advice, and support about SEND for children, young people, parents, and carers. They also provide a support line and training for parents and professionals.