



ALL SAINTS SCHOOL
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ACHIEVEMENT FOR ALL

Directors: Mrs R Smith and Mrs J Gardiner
Headteacher: Ms S Dangerfield



Monday 29th January 2024

Dear Parents and Carers

GCSE PE Practical Sport Options for Year 10

Students will need 1 team sport, 1 individual sport and a free choice (either team or individual sport). These are sports they are assessed on (filmed playing by me and marked).

Can be provided at school:

- Table tennis (either individual or team as doubles)
- Badminton (either individual or team as doubles)
- Swimming (individual)
- Athletics Field events- Long jump (individual), Shot put (individual) or Discus (individual)
- Athletics Track events 100M Sprint, other athletics track distances can be selected (individual)

Some sports which can be selected if the student participates in a club setting outside of school (this would be filmed in the club setting):

- Basketball (team)
- Squash (individual)
- Gymnastics (individual)
- Rock climbing (individual)
- Dance (individual or team)

Not listed (if there is a sport that your child engages in for a club outside of school not listed here, please email to ask if it's available for selection).

Please discuss these options with your child and pick the following:

- Individual sport 1-
- Team sport 1
- Free choice (either individual or team)

Please email me to arrange a phone call if you would like further support with selecting your child's practical sport options. These choices are so that we can tailor our practical GCSE PE lessons to practise the skills required in the sports chosen and if your child really finds a sport they have chosen challenging we can change their options if needed. However, this will be a last resort as the best way to achieve a higher mark is to practise and focus on 3 sports throughout the 2-year course.

Kind regards,

Mr Morton
Physical Education Lead
Assistant Teaching and Learning and Curriculum Lead