



Careers Month

March

6th – 24th March 2023





Look who we are we working with....

A huge thank you to all businesses supporting us
with our careers month



YOUR JOURNEY
STARTS
HERE:



Form time activities

Form time activities



<https://icould.com/>



Unit Award Scheme

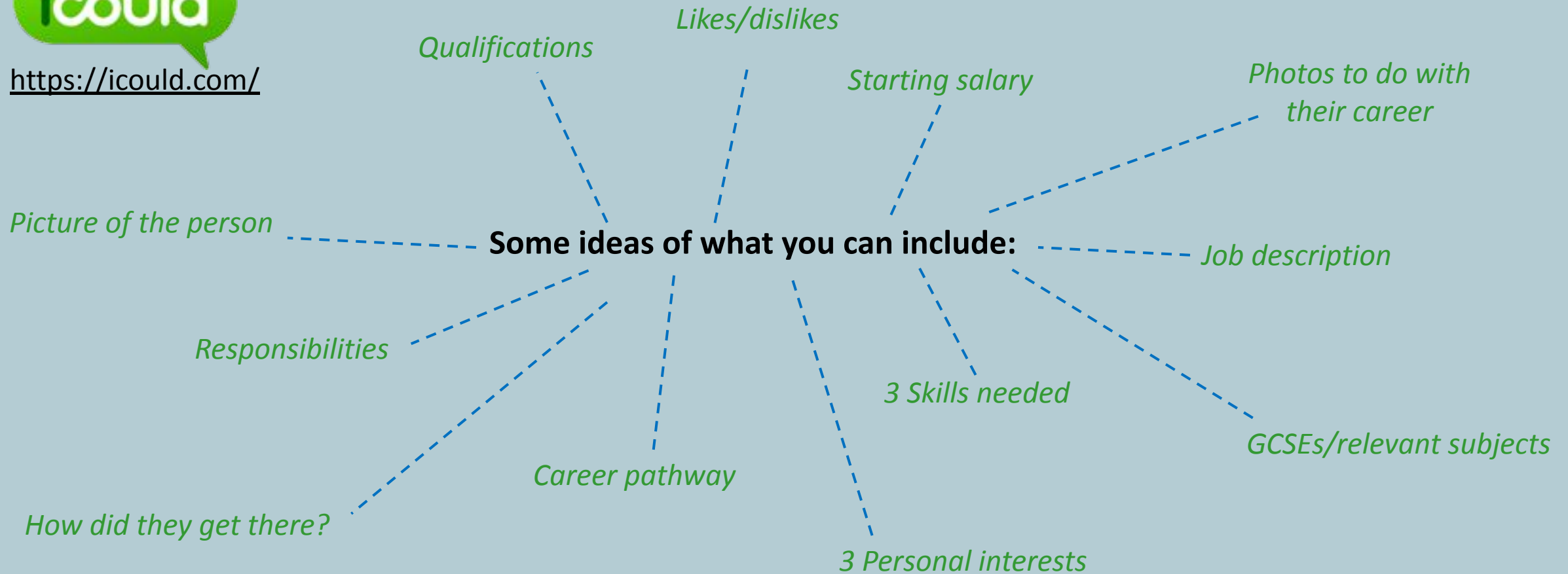
Use the icould website to hear about a variety of sectors and career pathways. Each form group will research 3 job titles and then share interesting facts with the rest of the school – as a group choose your favourite piece of research to present to Miss King. This will also be added into our school newsletter at the end of the month and will go towards achieving an AQA unit award – we all look forward to hearing about the interesting facts you've learnt. Year 11 you will also be able to use this for your spoken language award.



Form time activities



<https://icould.com/>



Form time activities

5 MINUTES OF POSITIVITY.
Form time, distance learning or PSHE task.

Instructions:

- Find a dice (or use the online dice roller on Google).
- Roll the dice.
- Find the segment.
- Complete the 5 minute task and write inside the segment.
- Repeat until all 6 sections are done.
- Discuss your results. What did you discover?

Me

1. My top three skills.
2. My best subjects.
3. Something I'm proud of.
4. Something I need to improve.
5. 3 positive words to describe me.
6. How could I help others?

National Careers Week
NCW

NatWest Group

ABOUT ME Name: _____

My Skills

Skills I want to improve/learn

Future Aspirations

Problems I would like to solve in the world

Hobbies

My Interests

Words that describe me

What I'm good at

National Careers Week
NCW

NatWest Group

The skills that employers want

ACROSS

2. The feeling or belief that one can have faith in or rely on oneself.
10. The knowledge and ability that enables you to do something well.
12. The ability and willingness to change one's general working pattern or idea.
14. The general knowledge of business, business experiences (or work experience) and understanding of the industry which they work.

DOWN

1. The objective analysis and evaluation of an issue in order to form a judgement.
3. The ability to use your time, energy, resources, etc. in an effective way so that you achieve the things you want to achieve.
4. Being able to handle numbers in an appropriate way.
5. The process of finding solutions to difficult or complex issues.
6. The ability to assess and initiate things independently.
7. The use of imagination or original ideas to create something or approach a problem in a different way, inventiveness.
8. The imparting or exchanging of information by speaking, writing, or using some other method.
9. Being able to use common computer packages.
11. Co-operation between those who are working on a task.
13. The skills required to search for answers to questions, to construct reasoned argument or theories based on evidence and to increase understanding in a particular field of inquiry.

WORD BANK

Commercial awareness
Creativity
Communication
Confidence
Problem solving

Flexibility
Skill
Research
Numeracy
Initiative
its skills

Critical thinking
Teamworking
Initiative
Organisational

NATIONALCAREERWEEK.COM

IN THE FUTURE I WANT TO BE A _____

National Careers Week
NCW

NatWest Group

#CAREERSWEEK
#NCW2023

10 MINUTE CAREER FINDER: TEN IN TEN.
Form time, distance learning or PSHE task.

Instructions:

- Find a dice (or use the online dice roller on Google).
- Roll the dice.
- Find the segment.
- Complete the 10 minute task and write in the segment. (Use NCWTV.co.uk and BBC Bitesize Careers for reference).
- Repeat until all 6 sections are done.
- Discuss your results. What did you discover?

10 in 10

1. List ten jobs in music.
2. List ten jobs in sport.
3. List ten jobs in engineering.
4. List ten jobs in TV, Media and Film.
5. List ten jobs in Medicine/ the NHS.
6. List ten jobs in the forces – Police / fire / army / RAF/ Navy

National Careers Week
NCW

NatWest Group

15 MINUTE CAREER RESEARCH.
Form Time activity or distance learning tasks.

Instructions:

- Find a dice (or use the online dice roller on Google).
- Roll the dice.
- Find the segment.
- Complete the 15 minute task and write in the segment to confirm. You've done it.
- Repeat until all 6 sections are done.
- Discuss your results. What did you discover?
- Alternatively set in sequence.

10 in 10

1. Go to NCWTV.co.uk and watch the HOPE film. What are you hopeful for?
2. Go to NCWTV.co.uk and explore three different jobs via video.
3. Go to NationalCareersWeek.com and read Dr Radha's tips. For dealing with stress in the 'booklets and guides' section.
4. Go to NationalCareersWeek.com and Find the Leadership and Key Qualities worksheet – complete it.
5. Go to NationalCareersWeek.com and Find the Launch Yourself booklet – complete the 'Make Some Noise' page.
6. Go to NationalCareersWeek.com and Find the Launch Yourself booklet – complete the 'Make Some Noise' page.

National Careers Week
NCW

NatWest Group

AQA Unit Award Scheme
Realising potential

114584 IDENTIFYING EMPLOYMENT SKILLS AND CAREER PATHS

A-2 of Careers

Can you find a career for each letter of the alphabet? Once complete please hand to Miss King to go towards your AQA unit award – good luck!

A	
B	
C	
D	
E	
F	
G	
H	
I	
J	
K	
L	
M	
N	
O	
P	
Q	
R	
S	
T	
U	
V	
W	
X	
Y	
Z	

Name: _____ Date: _____

Health Careers

Y R S N P O C S A M H S S O E
G U E O P P F C P I E H T J C
O O S I H E X I P D A T S E N
L F R T L R A M R W L N I P E
O O U A E A S O E I T O C H R
H C N N B T S N N F H M A A E
C N L I O I E T E B H M R F
Y E O M T O S G I U L C R M F
S E O A O N T M C C O P A A I
P T H T M S A H E F O C H C D
P X C N I X N S S M D C P I M
Z I S O S V T A H P O R T E R
Y S W C T A C C I D E N T S M
F H K E S T S I P A R E H T I
N R A D I O G R A P H E R E U

Word Bank:

Schoolnurses	Decontamination	Pharmacies	Radiographer	Assistant
Four	Operations	Surren	HCPs	phlebotomist
Apprenticeship	Genomics	Porter	Psychology	Therapist
Pharmacists	Midwife	Health	Months	
	Difference	Therapists	Accident	

National Careers Week
NCW **NHS**

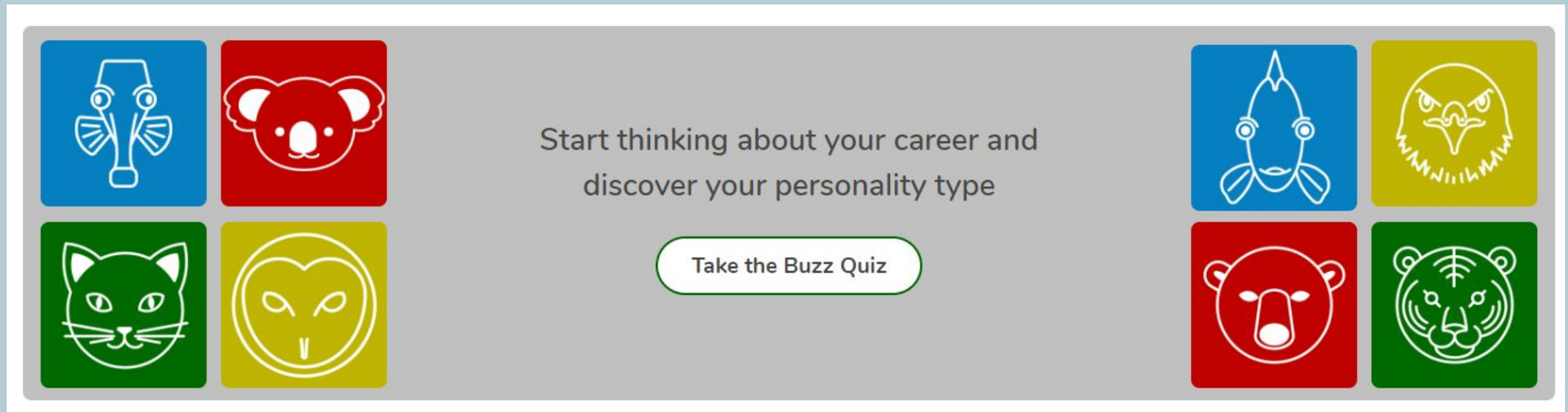
#CAREERSWEEK
NATIONALCAREERSWEEK.COM

*All masters printed for you to use

Form time activities

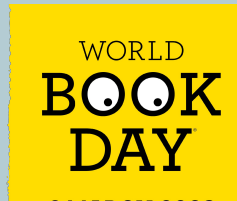


<https://icould.com/buzz-quiz>



School Booked Sessions

Monday 6th March



All year groups -

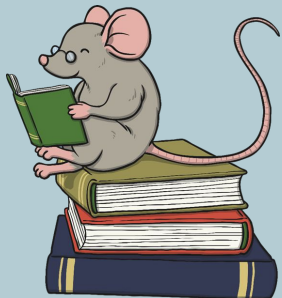
This year to celebrate World Book Day we have arranged for 'The Rap School' to visit us.

The founder of The Rap School is Rob Bradley.

Rob is a world championship-winning freestyle rapper, a published poet and a multiple time TEDx talker.

He has performed around the world, from underground clubs in New York to festivals throughout Europe, and collaborated with international artists along the way. He's built a solid reputation as an astute lyricist, captivating storyteller and unrivalled improviser.

Rob started writing poetry at age 8. When he was 12 he discovered various rap CDs. From that moment, he was hooked. Influenced by The Fugees, 2pac and The Notorious BIG, Rob got to writing his own raps and perfecting his delivery and flow. As he grew up he learned how to use his new skills to tell his own stories and create a style of rap music that uses honesty, emotion and storytelling to convey positive and progressive messages.



Time	Group
9.00 to 9.30	Assembly/Introduction (Via Teams with students in form rooms)
9.30 to 10.30	Year 8 & Year 9
11.00 to 12.00	Year 10 & Year 11
1.00 to 2.00	Upper & Lower Juniors
2.00 to 3.00	Year 7

Sessions in
the hall for
all groups



Wednesday 8th March

Years 9, 10 and 11

We will be a part of the largest skills and careers event in East Anglia
Norfolk Showground

100+ businesses with 7500+ students planning on visiting over the 2 days
We certainly had fun and asked lots of good questions last year!

<https://www.norfolkskills.co.uk/>



Thursday 9th March

Pathways into careers Years 7, 8, 9, 10 & 11

Thank you for registering for our 'Pathways into Careers with Inspiring the Future' virtual multi-school activity on **Thursday at 9:30-10:30am** for National Careers Week.

We are excited to have students from All Saints School Lessingham join us to hear about the experiences of our three inspiring volunteers who have all taken different pathways into their jobs! Get ready to record notes with your activity sheets.

We look forward to seeing you all

Best wishes,

Leonor Senior Coordinator
Inspiring the Future



Click to join



NCW Pathways into Careers Activity **inspiring the future**

1 **Business Delivery Officer**

Job Description: _____

Skills: _____

Starting Salary: _____

Career Pathway (circle which could apply): University degree, apprenticeship course, alternative route.

2 Further Research and Notes:

GCSEs/Relevant Subjects:	Experience and Responsibilities:
Other Notes:	Questions for Volunteers:

www.inspiringthefuture.org www.icould.com

NCW Pathways into Careers Activity **inspiring the future**

1 **Network Engineer**

Job Description: _____

Skills: _____

Starting Salary: _____

Career Pathway (circle which could apply): University degree, apprenticeship course, alternative route.

2 Further Research and Notes:

GCSEs/Relevant Subjects:	Experience and Responsibilities:
Other Notes:	Questions for Volunteers:

www.inspiringthefuture.org www.icould.com

NCW Pathways into Careers Activity **inspiring the future**

1 **Clinical Support Officer**

Job Description: _____

Skills: _____

Starting Salary: _____

Career Pathway (circle which could apply): University degree, apprenticeship course, alternative route.

2 Further Research and Notes:

GCSEs/Relevant Subjects:	Experience and Responsibilities:
Other Notes:	Questions for Volunteers:

www.inspiringthefuture.org www.icould.com

Monday 13th March



<https://www.premierflighttraining.co.uk/>

Years 7, 8, 9, 10 & 11 Session 1 – 10am arrival

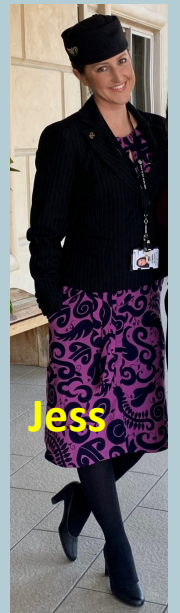
Trip out to Premier Flight training, location next to Norwich Airport.

We will have the chance to hear from Ray (Managing Director), Francesca who is studying to become a Commercial Airline Pilot.

Jess (Operations Assistant and ex-cabin crew).

Chris (Instructor and retired commercial airline Pilot) along with a visit to Air Traffic Control for a first hand insight into roles and responsibilities.

Open to students interested in a future career within the airline sector of employment



Wednesday 15th March



Norfolk & Suffolk
Care Support Ltd

*ICT

We welcome Jasmine and Phil into school today – promoting careers in care

Juniors 1:15-2pm

Years 7-11 2pm-2:45pm



<https://norfolkandsuffolkcarsupport.co.uk/care-careers>

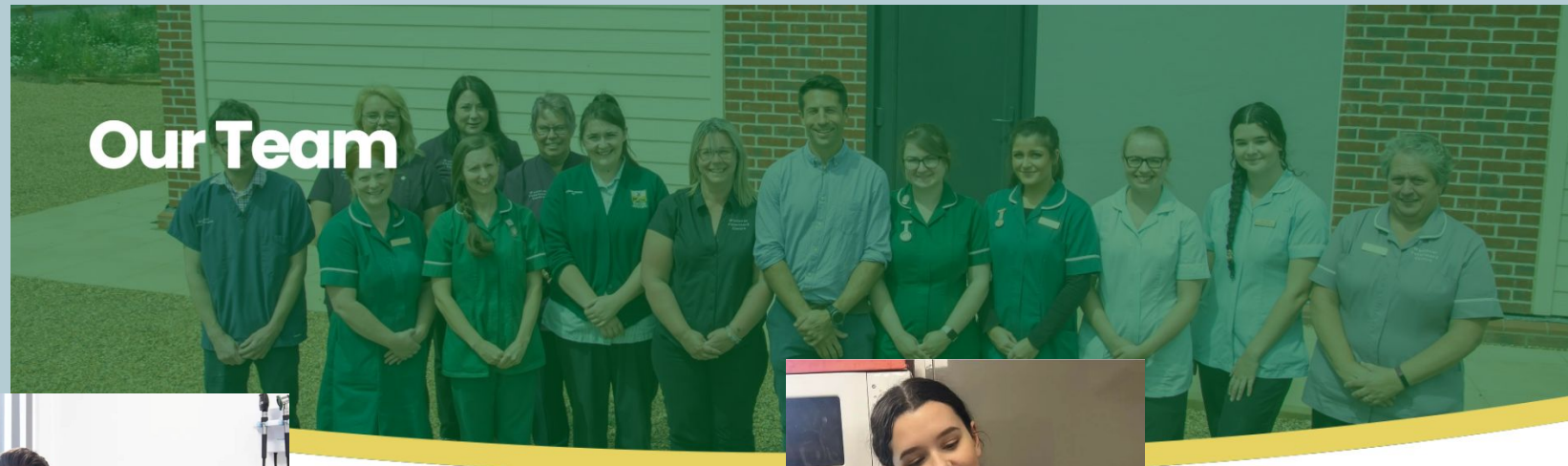
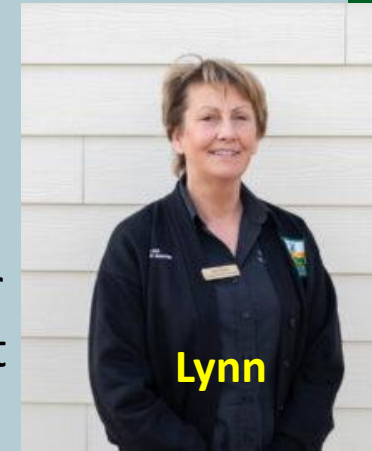


Thursday 16th March

All year groups - 10am arrival

Trip out to visit Westover Vets in North Walsham, to meet Lynn Fielder (Group Practice Manager) and her team to learn about all the different carers involved with animals

Open to students interested in a future career within animal care



Monday 20th March

LOVELL HOMES

We welcome 3 members of the team from Lovell Homes
Open to all year groups – sessions across the day....it's not just
about construction, Lovell Homes have over 100+ different trades,
let's find out more



Session 2 – 10am arrival

Tuesday 21st March



First  **Bus**

1pm – All year groups

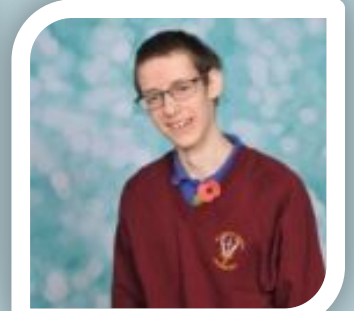
We welcome Chris from First Buses – it was great to meet Chris during the virtual careers talk to hear about all the different job roles at First Buses.

Now we have the chance talk to him in person on a double decker bus



 **access**
creative college

2pm - We welcome Louise Mayo from Access Creative College - Years 7, 8, 9, 10 and 11



What do all these ex-students have in common ?



Wednesday 22nd March

Open to all year groups 10:30am – 12:30pm

Trip out to visit Edfords Farm. We will hear from Chris and his team at Edfords about all the different job roles on the farm & shop



Friday 24th March

We welcome Sam Webber into school – Performing Arts Lecturer, who will be running Drama workshops across the day.



A little bit about me:

Sam is a Norwich-based producer/director/tutor, who works across the county in theatres, schools and community groups to create accessible, exciting drama. As a co-founder /producer of the current iteration of the Norwich Fringe, Sam has brought paid performance opportunities to almost 200 local artists, as well as commissioning 5 brand new pieces of local work. Notable artistic projects include co-writing/starring in *Death and the Data Processor*, an adult puppet comedy which toured the UK Fringe scene, and editing/directing ...*and they whisper down the lane*, a physical theatre ghost story, with SHUD Theatre. Outside of work, Sam co-hosts the podcasts *Play Ground*, *Norwich Fringe Focus*, and *Sam & Molly Do The L Word*, featuring a variety of academic discussions of plays, interviews with local creatives, and media analysis.



<https://www.thegarage.org.uk/classes/>

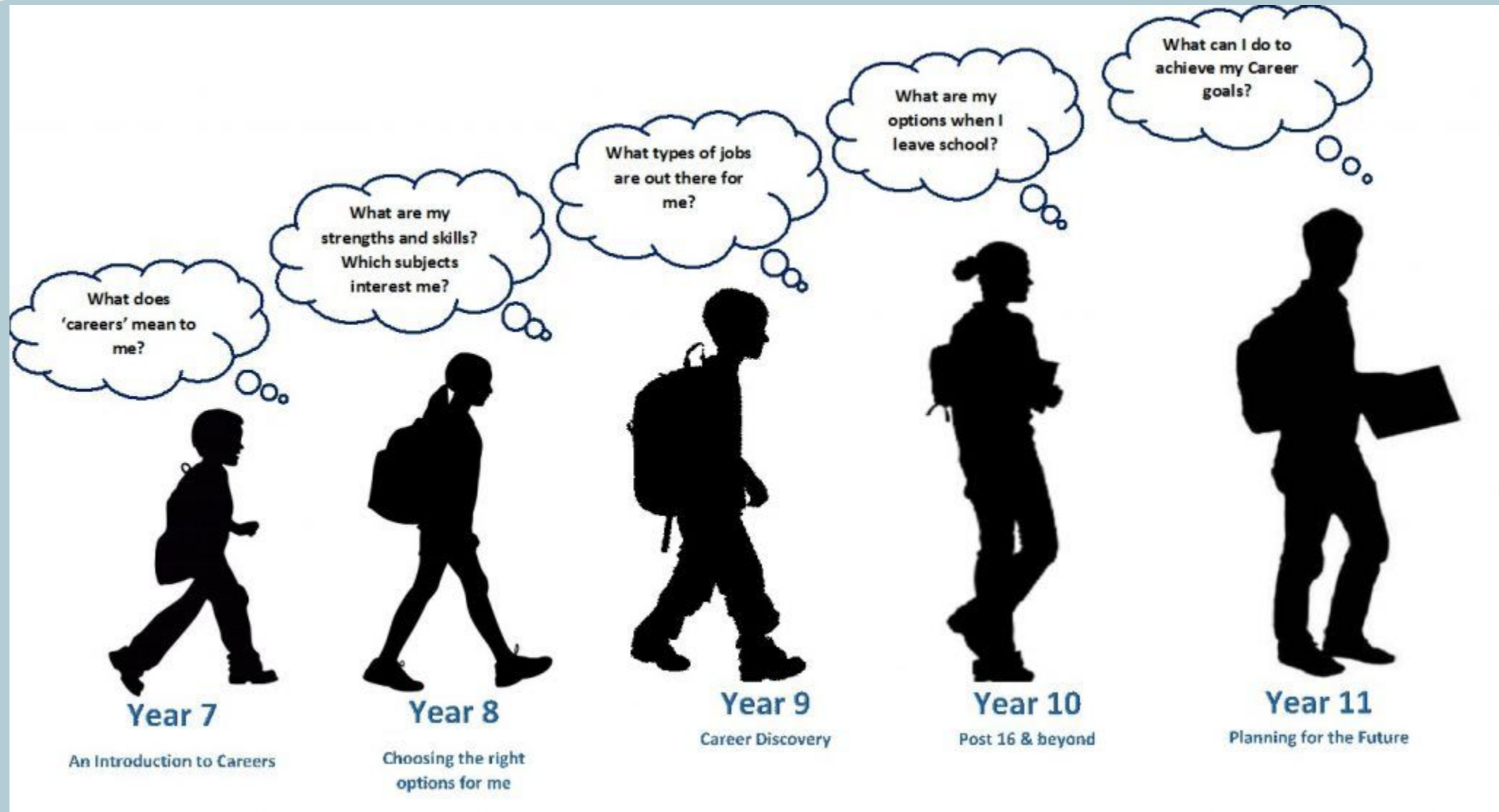


Date & Time TBC



*Careers in
retail, fashion,
beauty, sport
and catering*





To confirm



COMMUNITY
SPORTS
FOUNDATION
Sessions in school



Mini workshops at
college



Talks in school

