

Lower Juniors PE

Autumn 1

Dance and Real PE focus on accepting challenge, footwork and balance.

Autumn 2

Spring 1

Real PE games with a focus on jumping and landing and dynamic balances.

Real PE games and activities focussing on cognitive and creative skills.

Spring 2

Summer 1

Real PE games and activities focussing on creative and physical skills.

Real PE games and activities focussing on health and fitness.

Summer 2

Upper Juniors

Sports day and Striking and Fielding

Upper Juniors PE (TBC updated half termly)



Year 7 PE

Autumn 1

Football and Dodgeball

Autumn 2

Spring 1

Obstacle course and Basketball

Badminton and Fun Fitness

Spring 2

Summer 1

Volleyball and Table Tennis

Tennis, Capture the Flag, striking and fielding

Year 9

Scatterball/rounders, Discus, Shot put and races.

Summer 2

Year 8 PE

Autumn 1

Football and Dodgeball

Autumn 2

Spring 1

Obstacle course and Basketball

Badminton and Fun Fitness

Spring 2

Summer 1

Volleyball and Table Tennis

Tennis, Capture the Flag, striking and fielding

Summer 2

Year 9

Scatterball/rounders, Discus, Shot put and races.

Year 9 PE

Autumn 1

Football and Dodgeball

Autumn 2

Spring 1

Volleyball and Badminton

Unihoc and Hybrid Games

Spring 2

Summer 1

Fun Fitness, Tchoukball

OAA, Adapted Cricket and Scatterball

Summer 2

Year 10

Striking and fielding, Discus, Shot Put
and Sprints

Year 10 PE

Autumn 1

Football and Dodgeball

Autumn 2

Spring 1

Volleyball and Badminton

Unihoc and Hybrid Games

Spring 2

Summer 1

Fun Fitness, Tchoukball

OAA, Adapted Cricket and Scatterball

Summer 2

Year 11

Striking and fielding, Discus, Shot Put
and Sprints

Year 11 PE

Autumn 1

Football and Dodgeball

Autumn 2

Spring 1

Volleyball and Badminton

Unihoc and Hybrid Games

Spring 2

Summer 1

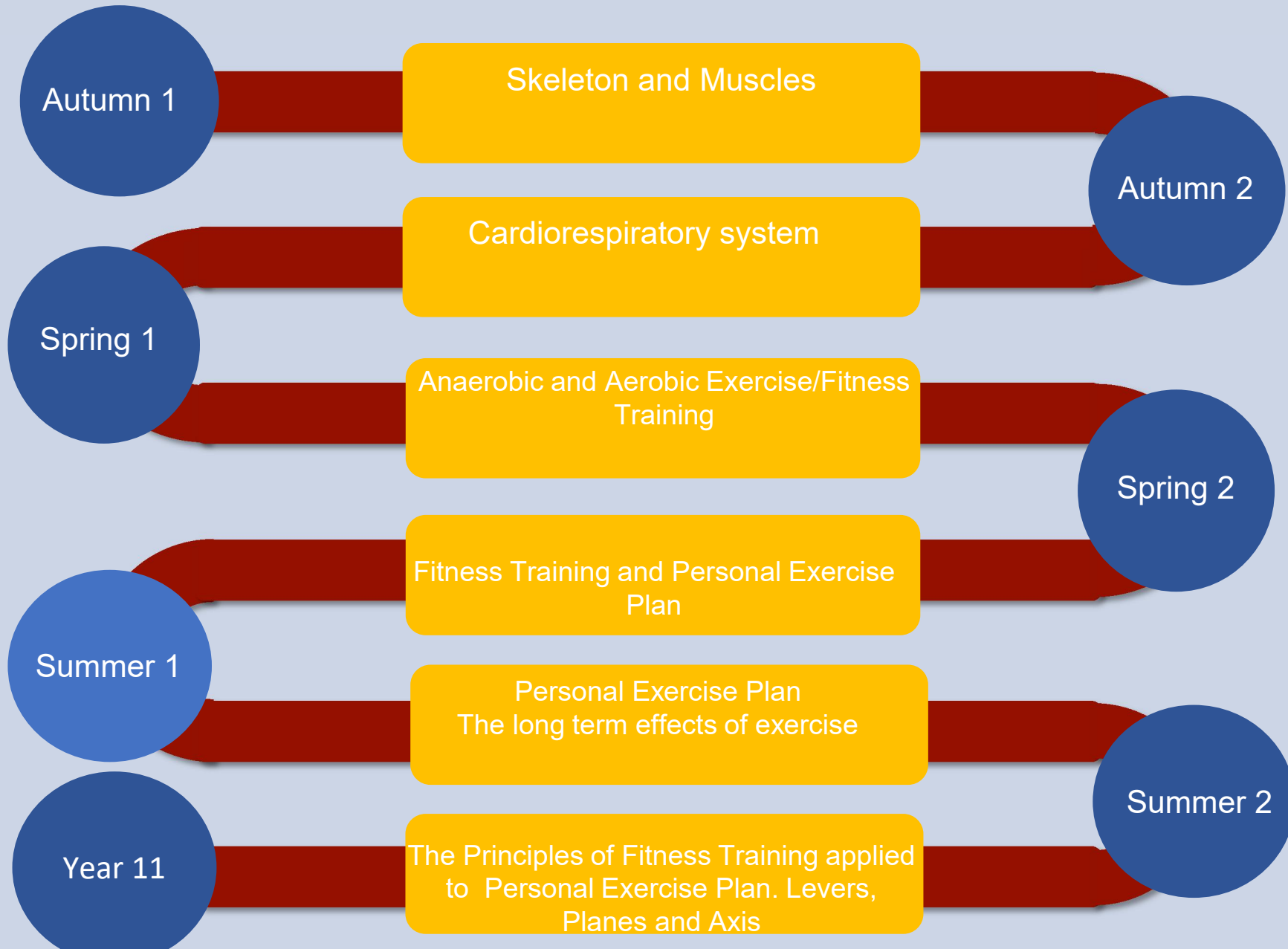
Fun Fitness, Tchoukball

Capture the Flag, Adapted Cricket,
Scatterball and Rounders

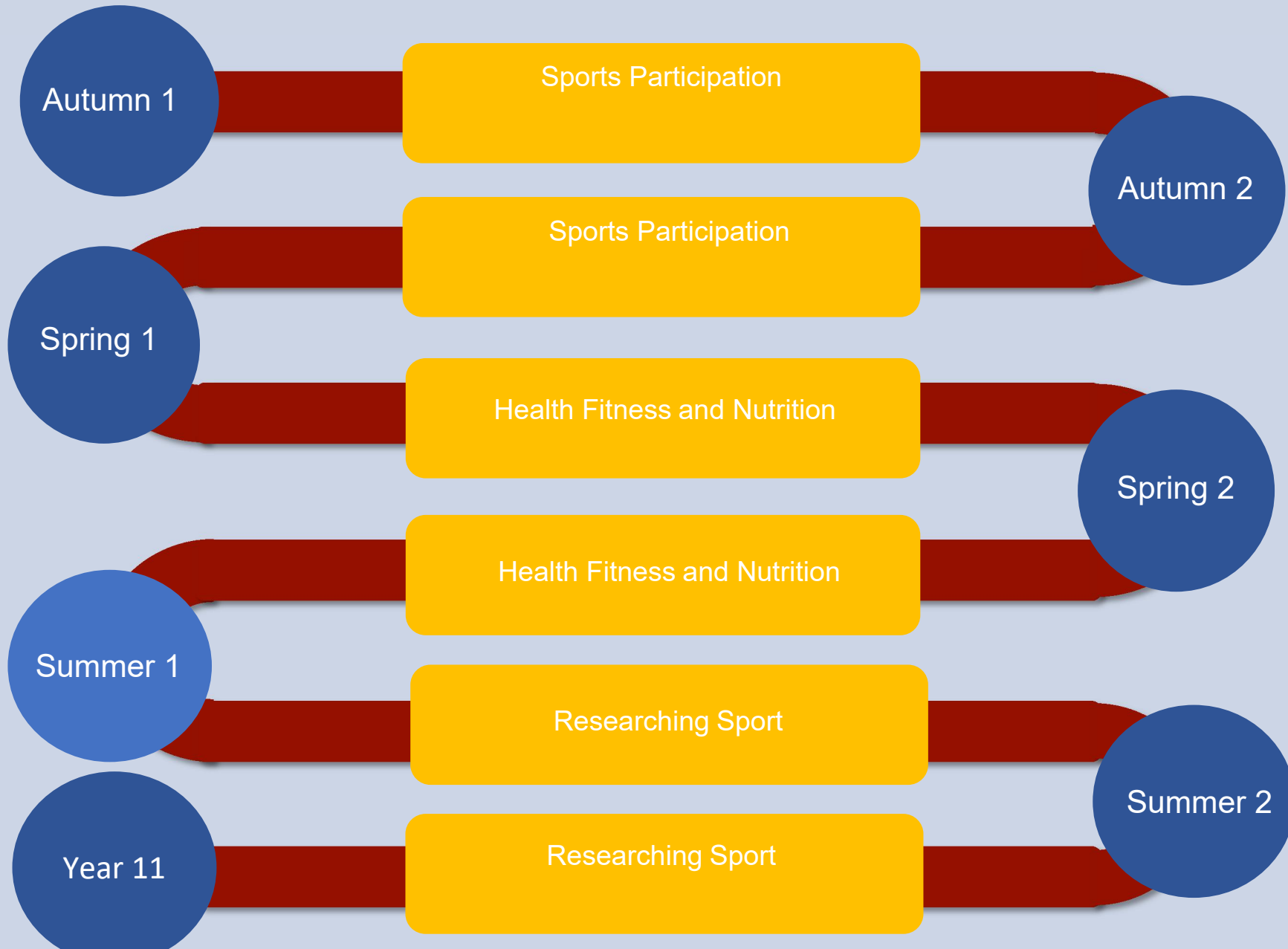
Summer 2

Striking and fielding, Discus, Shot Put
and Sprints

Year 10 GCSE PE/Unit Awards



Year 10 ASDAN PE



Year 11 GCSE PE/Unit Awards

Autumn 1

Levers, Planes and Axis
Year 10 Revision/PEP Coursework
How to optimise training and prevent injury

Autumn 2

Spring 1

Sports Participation and Goal Setting

Sports Coaching and Sport as a Business

Spring 2

Summer 1

Ethical issues in Sport

Revision and exam preparation

Year 11

Revision and exam preparation

Summer 2

Year 11 ASDAN PE

