

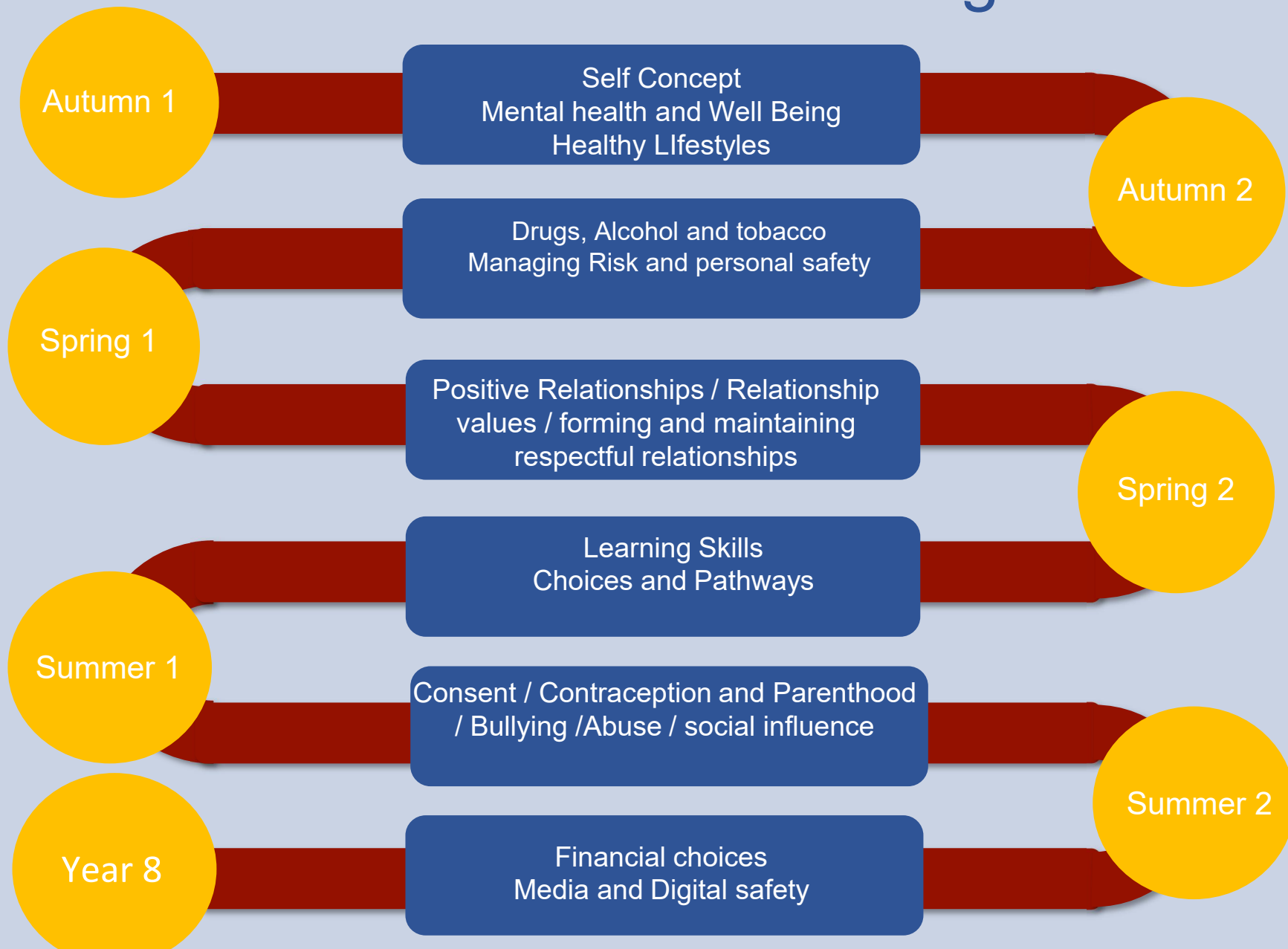
Lower Juniors PSHE including RSE



Upper Juniors PSHE including RSE



Year 7 PSHE including RSE



Year 8 PSHE including RSE



Year 9 PSHE including RSE



Year 10 PSHE including

PSHE

Autumn 1

Emotional Wellbeing - common mental health conditions, connecting with others

Autumn 2

Spring 1

Respectful relationships in school, at home and in the workplace

Emotional Wellbeing - Maintaining positive mental wellbeing, strategies to cope e.g CBT or mindfulness

Spring 2

Summer 1

Managing emotions in a relationship, healthy and unhealthy relationships

Consent and laws of sex and young people, role of parenting

Summer 2

Year 11

STIs and Contraception

Year 11 PSHE including RSE

