



NEWSLETTER

Regular news updates from All Saints School, Lessingham

KEY DIARY DATES

Oct:

22nd: Upper Juniors trip to
Norwich Aviation Museum
22nd: Yr 7 Parent/Carer Café

*** 23rd—31st: Half Term ***

Nov:

5th: Yr 8 Jailhouse and Tide &
Time trip
6th: Yr 8 Parent Café
7th: Juniors to Science Museum
10th: Yr 7 to Tesco
KS2/KS3 Parent's Evening
12th: Yr 8 to Norwich
13th: Yr 9 to Bacton Beach
14th: Child Development trip

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Numbers to contact for help

Ms Dangerfield: 07879 875925

Miss Paffett: 07733 417296

Norfolk children's support line:

Text 07480 635060 or call 0344 800 8029

MESSAGE FROM THE HEADTEACHER

The Student Council have been discussing how we can encourage students to make healthy choices in the mornings to help them start the day feeling energised and ready to learn. A nutritious breakfast can make a big difference to concentration, mood, and overall wellbeing.

Many of our students like to have a snack when they first arrive so we are encouraging healthier snack options in the mornings. We understand that food and eating can be challenging for some young people, and **we are not saying certain foods shouldn't be eaten**. Rather, we hope that students can choose to have a nourishing snack first, leaving crisps and other less healthy snacks for later in the day.

As a school council we have been thinking about what healthy items we might have in our lunch boxes already that we could have in the mornings.

To help, as a trial, we are opening Breakfast Club up to all students for the next half term. Our Breakfast Club is open every morning before school. It offers a variety of options, from cereal, crumpets and toast to fruit, milk, juice and yogurt, giving students a tasty and balanced start to their day should they wish to join.

Together, we can encourage our young people to begin their mornings well and make nutritional choices in a positive, supportive way.



All Saints Sports

Success Display Board

If your child plays sport or does any form of physical activity outside of school, we would love to hear about it. It would be great if you could email a photo of them playing sport to office@allsaintslessingham.co.uk

Anything from football, dance or roller skating, if they enjoy it and it involves being physically active we want to hear about it.



Mufti Day

The last day of half term, Wednesday 22nd October will be non uniform day to raise awareness and money for RNLI. Please send cash donations any time before half term.

<https://rnli.org/>



Yr 11 Science groups joined together to watch a demonstration by Mr Pinsent of one of the GCSE Combined Science required practical's on acceleration.

Science

Yr 9 have been learning about Forces this term, they took part in an experiment to help them understand how levers work.



Alpacas

Y9 had a magical Art trip to Burnt Fen Alpacas on Wednesday 15th October. The Alpacas were extremely funny and loved being drawn and made us all laugh a lot. The students were remarkably calm and interacted brilliantly with the animals - even balancing carrots on their heads for them to eat. We were all firm friends with them and the two lovely dogs by the end of the afternoon and did not want to leave. We were less enamoured with the grumpy goose but he did get us all moving a bit faster back towards the car park with all our Art supplies. It was brilliant to have a spinning demonstration with an old fashioned spinning wheel and to understand how the fleece turns into wool and can then be knitted into clothing.

Thanks to Mrs Urry for organising a unique trip that was so good for our well being too. We had a lovely message from Annie who owns the farms saying:

"The children were great, so much fun and really lovely around the Alpacas, also very brave - many a carrot on the head moment! I'm a huge believer in the therapeutic power of animals and being outside and thankfully we were blessed with the weather too."

There were lots of requests to bring an Alpaca back to school, surely nobody would notice an extra body in the Yr 9 classroom?!

If anyone is interested in visiting as a family, the website address is: <https://www.burntfen.co.uk/>



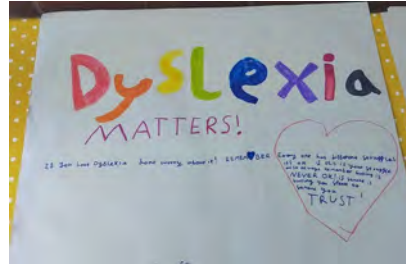
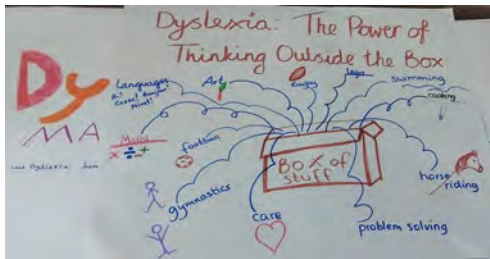
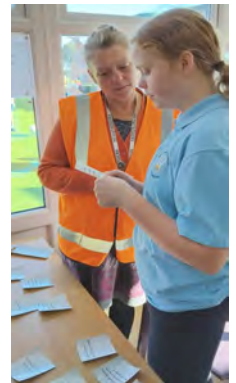
Dyslexia Awareness Week

Our Neurodiversity Group organised our school's first-ever Dyslexia Awareness Week — and it was a great success!

Students took part in fun, hands-on activities to learn what dyslexia really means. They explored common myths, experienced everyday challenges through a Dyslexia Simulator, and discovered how tools like reading overlays, reading pens, and assistive technologies can help with learning.

The library showcased a fantastic range of dyslexia-friendly books, and everyone learned how small changes can make a big difference.

Students loved the week and suggested more awareness events in the future — for ADHD, Autism, and other types of neurodiversity.



WEX

We are very pleased to again be working in partnership with the WEX Norfolk team and will be using your young person's voice to ensure they are involved in the talks that most suit their interests. If they are unsure, we will provide them access to several talks to help them find out about more careers. See below some exciting virtual work experiences to complete with your young people:

Virtual Work Experience

RWE Offshore Wind | Powered by Springpod

<https://www.rwe.springpod.com/>

Explore your future with Siemens | Powered by Springpod

<https://www.siemens.springpod.com/>

Renewable Energy Work Experience with Ørsted | Springpod

<https://www.springpod.com/virtual-work-experience/renewable-energy-work-experience-with-orsted/WEXP-00489>

UTCN Talks

A big thank you to Zoe from UTCN for coming into school and delivering an informative and engaging talk to our KS4 students.

Reminder to all KS4 students to take advantage of all upcoming open events at post16 providers, this will give everyone the chance to meet and greet tutors and to explore college life:

<https://www.helpyouchoose.org/events?pageNumber=1&SearchText=&Audience=&EventType=&LocationTag=&YearGroup=>

Live 30-minute Q&As with Norfolk employers!

Norfolk Work & Skills Wednesdays are back for 2025-26!

Learn more about the working world

Join live to ask the questions you want!

Sessions aimed at young people 14+ with SEND

Join us on selected Wednesdays at 10am:

October 22nd 2025 Caring for the environment

November 5th 2025 Working in an office **12th** Caring for animals **26th** Caring for people

January 14th 2026 Working outdoors **28th** Helping customers

February 11th Using creative skills **25th** Working in a practical role

All Saints Alumni

We are very excited to launch our new alumni page which will be coming soon.

If you know of any All Saints Alumni who are keen to share their history, please do get in contact with us on:

office@allsaintslessingham.co.uk

The Upper and Lower Juniors enjoyed their trip to the Cathedral and Mosque in Norwich.

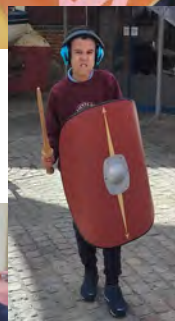
Juniors

Upper Juniors enjoyed showing parents and carers their knowledge of World War 2.



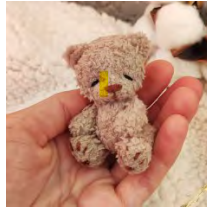
This term, the Lower Juniors have been learning about **Ancient Rome** in history. Their literacy link was the book *Escape from Pompeii*, set in Ancient Rome.

Students from both Junior classes enjoyed visiting the **Time and Tide Museum**, where they took part in marching and discipline lessons with Marcus, followed by slavery, cleaning, and dusting activities with Miss Lidia. They also visited **Burgh Castle**, where they created their own *vexilla* (Roman battle flags).



Teddy

*A field of flowers
as calm as me with a pile of teddies
not choosing favourites
(they all know you have one.)
As you try to find it
you pull the smallest teddy known to mankind.
You both dance around the room
ready to die for it
the worse thing happens.
It rips and you watch the soul pour out of its body
rush to your mum
"sew it back together."*



*It takes time.
You can't sleep at night
As soon as the sun comes up
you rush down stairs,
you find it back to life .
you swear to be more careful.*



By Connie

The Palaces Of Lego

The palaces of lego, crumble with the wind.

The bricks hit the floor like bombs,
Destroying everything within reach,
The time fades away.



The teddy you left aside,
Lays in the corner where all is forgot,
Slowly decaying like the vines of a tree,
The memories you can't see.

The imagination fades,
Shouting the floor is lava, not loud enough to hear,
You run from the past,
Winning the race.

The toy train shifting along,
The sparks of fear,
Burn away the world of the past,
Maybe this stop might be the last.



By Jack

National Poetry Day

We enjoyed celebrating National Poetry day by reading and writing poems. The theme was 'play' which prompted some interesting discussions about what play looks like in 2025.

The Lower Juniors and Year 9 had a poetry sharing event together and read their own poems beautifully. We are already looking forward to next year.

Why are the Jellycats inside?

Jellycats are a comfort toy
when your either sad or happy they are
like an emotional support toy
that you can keep with you.



As the Jellycats are
sitting on the floor all together
as the day goes past as
fast as a lion not wanting to go
outside to get fresh air and
spend time with their owner on
the grass and the Jellycats saw a
dodge ball it was like a tomato
that was sitting in the corner.



The Jellycats went outside and
started playing dodge ball with everyone
then one of the Jellycats threw it and
It went as fast as a dragon.

By Darcey

Archie

Many thanks to
Archie for
bringing his
Great
Grandfather's
military medals
and sharing their
history with his
class and the
juniors.



Freya

The Angry volcano

High on the mountain the volcano waits
 its loud blasts make bubbles
 the ground begins to shake
 the sky turns fire, the air fills with smoke
 lava slips down the mountain
 glowing like a furnace
 ash clouds rise exploding violently
 hiding the sun from below
 The volcano roars, it aunts, it blasts
 until at last it grows silent again.

by Freya Y5

During Poetry Day, the Lower Juniors wrote beautiful imagery poems about volcanoes.

What a busy and exciting half term it has been!

Bronwyn

~~The volcano~~
 The volcano is rusty orange
 it rumbles and is grand
 it shakes the ground with power
 lava is flowing
 it runs like a stream
 it is as hot as a sun
 smoke goes up
 ash goes down
 the volcano goes boom!

by Bronwyn Y4

Poppy

The angry volcano

High on the mountain
 the volcano waits patient
 like a giant
 the ground begins to shake
 the sky turns gloomy
 the air is filled with dark smoke
 lava runs down the mountain
 glowing like burning fire
 ash clouds rise covers the sun
 hiding the sun from the world below
 the volcano roars, it's glowing
 it sizzles like a firework
 until at last it grows silent again

by Poppy Y5

Tillilou

The volcano
 The volcano is scorching
 it rumbles and explodes
 it shakes the ground with a boom
 lava is flaming
 it runs like water
 it is as hot as bombs of fire
 smoke goes shooting up
 ash goes falling down
 The volcano goes boom!

by Tillilou Y3

William

The Angry Volcano
 High on the mountain the volcano waits
 silent rocks sleep anxiously
 the ground begins to shake
 the sky turns grey
 the air is filled with smelly smoke
 lava trickles down the mountain
 glowing like the sun
 ash clouds rise, exploding
 angrily hiding the sun from the world below
 the volcano roars, blasting
 smoke it seizes the city
 By William year 5

Nathan

The volcano is shining red
 it rumbles and bursts
 it shakes the ground with exploding
 lava is flowing
 it runs like water
 it is as hot as fire
 smoke goes up
 ash goes down
 The volcano goes BOOM

by Nathan Y4

Josh

rise the volcano
 the volcano is fier
 it rumbles and explodes
 it shakes the ground with bangs
 lava is spitting
 it runs like a river
 it is as hot as the sun
 smoke goes up to the sky
 ash goes down
 The volcano goes boom

by Josh Y5



Norfolk County Council



Webinars on how to apply for Short Breaks

Norfolk County Council is holding webinars on how to apply for its Short Breaks service - activities that support children and young people with SEND aged 5 to 17.

Don't worry if you can't attend, all the information will be available on the Council's [Short Breaks webpages](#) after the last webinar.

There'll also be the chance to ask questions - please send your questions in advance when you book your place.

To book a place, please email:

highneedscommissioning@norfolk.gov.uk with the session you want to attend (2, or 3) and any questions. We'll send you the Microsoft Teams link to join the webinar.

Webinar dates:

Session 2 - Wednesday 15th October at 13:00-14:00

Session 3 - Wednesday 22nd October at 18:30-19:30