



# CURRICULUM PLAN

**SUBJECT**

**RSE**

**OVERVIEW**

Relationships Education, Relationships and Sex Education and Health Education (RSHE) at All Saints means learning about the body, feelings, beliefs, relationships, rights and responsibilities, preventing harm occurring to young people and knowing how and when to ask for help if it is needed.

It involves acquiring information, developing skills and forming positive beliefs, values and attitudes. Learning RHSE empowers students to build self-esteem, ask questions in a safe environment and support mutual respect and celebration of self and others. We aim to provide this strong foundation to be successful in life by:

- delivering a spiral curriculum, allowing us to build on previous knowledge year on year, returning to topics, developing young people's knowledge at an age and stage appropriate for the learner
- providing an inclusive learning environment which is safe and empowering for everybody involved
- teaching non-biased, accurate and factual information that is positively inclusive
- developing character skills to support healthy and safe relationships, ensuring comfortable communication about emotions, bodies and relationships and using appropriate terminology
- promoting critical awareness of differing attitudes and views presented through society, the media and peers to enable the nurturing of personal values based on respect
- providing protection from fear, shock or shame
- staying up to date with emerging dangers online and from online communities

This is taught as a part of our wider PSHE programme and is mindful and respectful of the differing needs and experience our students have.

Our RSE curriculum has been developed in consultation with parents/carers and students. Parents/carers will always be informed ahead of the lessons and have permission to withdraw their child from RSE lessons apart from the areas which are deemed statutory by the government. We also invite parents/carers to an annual question and answer forum where they can meet with Lead practitioners to learn more about the topics about to be covered throughout the summer term in each year group.

Learning is assessed against the statements on our own bespoke frameworks (covering National Curriculum objectives) which are accessible through Arbor for KS2

	& 3 (the School's chosen Management Information System) and ASDAN e-portfolio for KS4 which allows progress to be measured in small steps to meet individual needs. This is analysed termly by Subject leads and monitored by SLT. Where required, interventions are discussed with the class teacher, actioned and reviewed.
KEY STAGE 2	Our focus at Key Stage 2 is to explore what caring and respectful relationships look like and how to develop them. We explore how bodies change and develop as we grow older with a focus in adolescence and puberty. We will consider what sexist language is and how it might have a harmful impact on people.
KEY STAGE 3	At Key Stage 3 students will learn about relationship values, including how to develop and maintain respectful and positive relationships. We will discuss the changes that puberty brings and how to look after our sexual health, including lessons about contraception and parenthood and where to go for advice. We will explore what consent means and ensure that all students feel empowered to make their own, informed choices. We will cover the harmful impact of sexist language and how to challenge it. At the top of KS3 we will consider what sexual harassment is.
KEY STAGE 4	At KS4, students follow the ASDAN Short Course in PSHE. Completing this course and using other PHSE resources we cover topics named in the the national guidance including Emotional Wellbeing, Sexual Health (which now includes INCEL culture, misogyny, sexual violence and harassment), Respectful Relationships and Families and Parenting (which now includes miscarriages).